WELCOME

I am delighted to welcome faculty, staff, alumni and friends of the School of Health Sciences to our inaugural newsletter. This annual newsletter will provide updates to what's happening currently and what is planned for the future.

Faculty have been busy writing grants, publishing in leading professional journals, and presenting at conferences, certification and licensure pass rates are consistently amongst the highest in New York, classroom and skills labs have been updated with the most current technology, and we continue to attract the best and brightest students that Long Island has to offer.

In addition to new program development, Nursing and Dental Hygiene have been approved to offer online degree completion programs, and Dental Hygiene has been approved to offer the entry level baccalaureate degree.

Finally, I continue to be exceptionally proud of the accomplishments of our alumni, many of whom have moved on to leadership positions in healthcare throughout Long Island, and the nation.

Dr. Denny Ryman, Dean
STUDENT ACHIEVEMENTS
Carly Vittoria and Jessica Daddino were recipients of the Chancellor’s Award for Excellence

FACULTY ACCOMPLISHMENTS IN THE NURSING DEPARTMENT
The nursing department continues to grow and develop. Of note is the student mentor program for local middle school students, the RN-BS community students’ outreach to underserved populations of Long Island to increase self-care asthma management, and the large scale investment in simulation technology to fully educate our pre-licensure students. Chancellor’s Award for Faculty Service was awarded to Dr. Susan Barrett-Landau.

Three faculty earned their doctoral degree:
Dr. Christine Glaser is a Doctor of Health Education (DHed) December 18, 2016 from AT Still University. Her dissertation was entitled “Nurses Attitudes Toward Death and Dying”. Dr. Nancy Maggio earned a Doctorate of Nursing Practice (DNP) from the Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, Ohio, in May, 2017. Dr. Maria Nikolaidou received a Doctor of Health Education (DHed) from AT Still University on December 18, 2016. Her dissertation was entitled “Promoting Healthy Lifestyle Behaviors in RN-BS Completion Students”.

Lynn Johnson was elected Nursing Alliance For Quality Care (NAQC) Vice-Chair, Board of Directors appointed by American College of Nurse Midwives. NAQC is a national nursing alliance with a “mission to advance the highest quality, safety, and value of consumer-centered health care for all individuals-patients, their families, and their communities

Jennifer Bryer is a grant reviewer for American Nurses Foundation, May 30, 2016 - June 1, 2017

RN-BS DISTANCE LEARNING PROGRAM
It is a pleasure to announce that the nursing department is going online! In 2017, Middle States approved Farmingdale State College to offer a fully online RN-BS completion program. The SUNY system approved the plan in 2017 and it is in review at the State Education Department. The RN BS online program has been in development by Dr Maria Nikolaidou, Dr Mary Stedman, Dr Fran Cherkis, and Professor Lynn Johnson, current members of the BS Online Committee. Maya Bentz, Senior Instructional Designer in Distance Learning joined the committee in 2016. Maya contributed great energy and expertise to the committee process. The courses for online offering are in development and nursing faculty are developing expertise in online teaching. The RN to BS completion students will be fully supported with department online orientation, advisement, tutoring, as well as the full range of Farmingdale State College services when the program begins.

SIMULATION LAB
The nursing lab continues to update equipment, facilities and supplies in 2016-2017 in order to improve student learning, confidence, and preparation for the hospital environment. The department purchased 1 Workstation on Wheels (WOW), 5 Alaris infusion pumps and 1 patient lift this past year. Improvements to the simulation program were made with the purchase of the One Room Audiovisual system, installed in summer 2016. The SIM One system was incorporated into the curriculum in 2016-17.

PUBLICATIONS

COMMUNITY OUTREACH
The Outreach Committee participated in ten community based venues which were related to the provision of the flu vaccine, health education, hypertension screening or diabetes risk assessment to community members:
St. Catherine’s Hospital (10/15/16)
Kemp Hannon Golden Gathering (10/6/16)
Senator Venditto’s Golden Gathering [NuHealth and Nassau Dept. of Health] (Freeport) (10/20/16)
Senator Todd Kaminsky’s Annual Golden Gathering (Rockville Centre) (10/21/16)
Heart Screen New York (10/29/16)
Give Kids a Smile (2/3/17).
Blood pressure screenings performed for attendees at the annual Give Kids a Smile event sponsored by the department of Dental Hygiene. Heart Screen. Half Hollow Hills East High School. Event screened over 583 middle and high school students. (3/25/17)
Farmingdale Community Summit Expo & Health Fair. Blood pressure screenings performed for community members, children and adults. (3/29/17)
South Huntington Union Free School District’s Health & Wellness Fair. Blood pressure screenings performed for community members, children and adults. (3/30/17)
Wyandanch Health & Careers Fair at Martin Luther King Elementary School. Asthma education provided to elementary school students and their parents in cooperation with the Asthma Coalition of Long Island. (4/27/17)
Active Classroom Learning Strategy, on the QSEN Website in 2016.


Christine Glaser published Analysis of Registered Nurses Participation in a Thanatology Workshop on their Attitudes Toward Caring for the Dying Patient, ProQuest/UMI, 2017.


Joanne Lapidus-Graham, American Nurses Association Annual Meeting: Presentation and explanation of the Strategic Plan to the Governing body on September 24, 2016.

Virginia Peterson-Graziose, Jennifer Bryer and Maria Nikolaidou published Variables that influence retention in RN-BS students, Teaching and Learning in Nursing, 11(4) 2016, 163-165. [doi:http://dx.doi.org/10.1016/j.teln.2016.06.007

PRESENTATIONS


Monica Diamond-Caravella, “Factors Contributing to Asthma Exacerbations.” Workshop conducted at the Asthma Educator Institute, Asthma Coalition of Long Island, American Lung Association of the Northeast, Molloy College, Suffolk Campus on June 16, 2016.

Patti Cantamessa, “Faculty Development Workshop presented by Dr. Nancy Maggio and Dr. Patti Cantamessa.” The workshop was conducted at Farmingdale State College on May 24, 2017


Maya Bentz, Lori Goodstone and Monica Diamond-Caravella presented “No More Snow Days: Collaborate Ultra” at the CTLT Technology Workshop on April 6, 2017.

Lori Goodstone, Fran Cherkis, Maria Nikolaidou, Christine Glaser and Nancy Maggio presented the poster “Bundle up: Introducing care bundles to increase knowledge and confidence of senior nursing students” at the Celebration of Scholarship: A Showcase of Faculty Accomplishments, Farmingdale State College on November 10, 2016.

GRANTS

Monica Diamond-Caravella, Reopening a Dialog on Open Airways for Schools: Closing the Educational Gap Using a Multi-Site Academic Practice Partnership, Theresa Patnode Santmann Grant, Farmingdale State College, School of Health Sciences

Jennifer Bryer and Kim A. O’Hara, “Students First and Foremost Grant”: Improve student learning and retention through co-curricular activities outside the classroom, Farmingdale State College.


Frances Cherkis, 4Pi Teaching Incentives Best Practices, Internal Distance Education Advisory Board: SUNY 4Pi Grant

Lori Goodstone, “Best Practices Certification for Your Online Course”, SUNY 4Pi Grant

Kim O’Hara awarded a 2017 research summer stipend for Building interest in the nursing profession among students from underserved groups: A mentorship approach program.
Lynn Johnson, “Nursing Alliance for Quality Care (NAQC).” Panel Chair at the Board of Directors presentation of QSEN/IOM competency map, Phone Conference on April 26, 2017.

Joanne Graham, Healthy Nurse Healthy Nation: Video contest entrant. This one minute video focused on the importance of physical health. (2017).


Francine Laterza, Reflective Journaling, presented at the University Club, Farmingdale State College, on May 24, 2017.

Francine Laterza, “Emergency Preparedness-Do you have a go bag?” Workshop conducted at Molloy College on November 11, 2016.

Francine Laterza, “Health and Wellness in the Community.” Workshop conducted at the Organic vs Non-Organic- Which is the better choice for your health?, Molloy College on October 7, 2016.

Nancy Maggio, “Doctorate Scholarly Project Defense “The Effects of Heart Failure Education on Nursing Staff’s Knowledge and Confidence in a Skilled Nursing Facility.” Presentation to the Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland Ohio on February 27, 2017.

Nancy Maggio, “Faculty Development Workshop presented by Dr. Nancy Maggio and Dr. Patti Cantamessa.” Workshop conducted at Farmingdale State College on May 24, 2017.


Dr. Karen Escolas has been appointed to a four year term with the Review Committee for Accredited Programs (RCAP) of the National Accrediting Agency for Clinical Laboratory Sciences (NAACLS). The RCAP reviews programs for accreditation in the health science disciplines accredited by NAACLS, including Medical Laboratory programs. Both Dr. Escolas and Dr. Susan Conforti have been active volunteers for NAACLS for many years, serving as accreditation document reviewers and site visitors.

Dr. Christine Nebocat conducted her doctoral dissertation research entitled “Phlebotomy-related self-efficacy in Long Island Nursing students: A pilot study” and earned her Doctorate of Health Education from A.T. Still University in May 2017. She has submitted an article for publication and a poster for presentation of her research findings.

The American Society of Clinical Pathology (ASCP) recognized Dr. Nebocat on their 40 Under Forty list in 2017. The “ASCP’s 40 Under Forty program shines the spotlight on 40 highly accomplished pathologists, pathology residents, and laboratory professionals under age 40 who have made significant contributions to the profession and stand out as the future of laboratory leadership.

During the 2015-2016 academic year, Dr. Nebocat and Professor Rita Austin worked with faculty form the Dental Hygiene and Nursing departments to conduct research with students from all three programs. The outcomes of this research were published in an abstract in professional journal Clinical Laboratory Science, entitled Self-Efficacy and Interprofessional Learning: An Exercise in Ethics for Health Science Students. The outcomes have also been submitted as an article to the Journal for Interprofessional Care entitled Interprofessional Ethics Education Seminar for Undergraduate Health Science Students: A Pilot Study.
HENNY CARE BAG PROJECT

The Henny Care Bag provides items needed by post-mastectomy patients to assist in the recovery at home.

Over 25 HENNY CARE BAGS have been distributed by Chi Gamma STTI over the past two years. The referrals have come from various colleagues, friends, and family members of individuals undergoing a mastectomy. The bag is individually given or mailed with gift wrapping and a card with information about the items.

HENNY CARE BAG ITEMS

- Thermometer to check body temperature
- Gloves for handling tubes and drainage
- Alcohol swabs to clean tubes
- Specimen cups
- Journal and pen for keeping records
- Large undershirt
- Safety pins
- Non-skid socks
- Hand soap
- Waterproof cape
- Mask for restful sleep

Fundraising for the HENNY CARE BAG at a Chi Gamma event.
Bonnie Ewing, PhD, RN (L) & Henny Goldenberg RDH, MA

“I woke up one night after my surgery and realized that I wanted to help other people who were going through this experience. I wondered how many women and men were out there who had no support nor funds to purchase the necessities after a brief stay in the hospital. I decided to approach Chi Gamma to see if nurses could help, and I received an overwhelmingly positive response. My thanks to all who have helped to make the HENNY CARE BAG project a reality.”

Harriet “Henny” Goldenberg, RDH, MA
NURSING FACULTY AND STUDENTS ADDRESS DIVERSITY IN HEALTHCARE

Where one lives, works and plays have been recognized as key social determinants of health that may matter more for longevity and good health than one’s genetic code.

Population health is beginning to drive how health care is delivered in hospitals and communities. Recognizing and addressing the social determinants of population health is a key component to effective health promotion and disease prevention activities. With shifts in population demographics seen on Long Island and throughout the country, requisite adequate training in health literacy and culturally and linguistically competent skills have taken center stage in ensuring effectiveness of health delivery interventions.

The Chi Gamma Chapter of Sigma Theta Tau International is on the cutting-edge of ensuring that their members are formally trained in the arena of unconscious bias, health literacy and cultural competent services. On April 27th, 2017, a 2.5 hour program on Health Literacy and Culturally Competent care was provided through the efforts of the Long Island Healthcare Collaborative, Suffolk Care Collaborative, Hofstra University’s Public and Community Health Programs, National Center for Suburban Studies and Suburban Health Equity Institute, Jim Rolla, Vice President of People Care, Inc., a licensed home health care agency, facilitated the workshop. As a long-term graduate from Hofstra’s Public and Community Health program, Jim is strongly committed to improving the quality of care delivered to the community’s most vulnerable populations.

Chi Gamma members, Farmingdale’s Department of Nursing faculty and students, and the Department of Dental Hygiene faculty and students attended the program and left with a heightened awareness of the role social determinants of health play on health outcomes and significance of cultural humility in delivering effective, humanistic health care.

Monica Diamond-Caravella, Assistant Professor in the Department of Nursing, who facilitated this opportunity stated, “Nurses and other front-line health care service providers should be participating in trainings that enhance health literacy, cultural humility and culturally appropriate skills in order to fully address barriers to effective health education and the diverse and often complex needs of Long Island’s population.”

Chi Gamma’s program planning strives to address Sigma Theta Tau Internationals mission of responding to trends and issues in nursing and healthcare, and encouraging ongoing dialogue and learning in the area of diversity and is contributions to building community.

MENTORING MATTERS

Professor Kim A. O’Hara JD, MS, RN, CNE

What an exciting time to be a peer mentor. This year was an unprecedented success, with 20 mentors performing nothing short of miracles. Balancing school, work, family and friends, they mentored all incoming nursing freshmen, conducted three prog presentations, attended a series of college open houses and admission information sessions, participated in a number of nursing recruitment events, and took part in ground-breaking research. We welcomed several new recruits and said goodbye to those who graduated. In the end, their most astonishing accomplishment was their unbridled enthusiasm and commitment to do good for others. I couldn’t be prouder. So, bring on the new year, we are ready for you.
RECOGNITIONS AND AWARDS

April 2017 – Dr. Lynn Marsh and Dr. Luisa Nappo-Dattoma - Recipients of “Best Practices Certification for Online Course.” Funded under a SUNY 4Pi Grant.


2017 – Janet Gruber received the Chancellor's Award for Excellence in Teaching.

January 2017 – Dr. Luisa Nappo-Dattoma - Recipient of The Open SUNY Center for Online Teaching Excellence - Online Teaching Ambassador.

October 2016 – Professor Jean Hall - Recipient of Certification as a Health Education Specialist.

Fall 2016 – Clinic Supervisor Carol McNamara – Recipient of the Chancellor's Award for Excellence in Professional Service.

Fall 2016 – Professor Janet Gruber, Dr. Hanna Horowitz, Dr. Lynn Marsh, and Dr. Luisa Nappo-Dattoma recipients of promotions to Full Professor.

PUBLICATIONS

May 2017 - Marsh, L. Prevent Demineralization: Oral health professionals need to educate patients about the oral health risks of consuming sports and energy drinks. Accepted for publication in Dimensions of Dental Hygiene, May 2017 issue.


February 2016 – Spencer, A. Compliance with Prescription Medication in the Dental Setting. E-Brief in Dimension of Dental Hygiene.

February 2016 - Marsh, L. Roots the Caries Generation; Mentor Magazine; 7(02) 30 – 32.

PRESENTATIONS

Fall 2016 - Spring 2017 – McNamara, C. Infection Control and Barrier Precautions for the Dental Hygienist 3 CEU, as part of the Continuing Education Program at Farmingdale State College. This program was presented four times.

April 2017 - Pizzitola, L. HPV and the Relationship to Oral Cancer, as part of the Continuing Education Program Farmingdale State College.

March 2017 – Casa, C. The perspectives of dental hygiene administrators and faculty towards interprofessional education. Research poster session presented at the American Dental Education Association’s 2017 Annual Session and Exhibition, Long Beach, CA.


October 2016 – Pizzitola, L. HIV in the Dental Setting, as part of the Continuing Education Program Farmingdale State College.

April 2016 - Marsh, L. Developed a presentation on the dental hygiene profession/program and presented to college students enrolled in health studies programs at New York Institute of Technology.


RESEARCH

Spring 2016- Spring 2017 – Horowitz, H., & Pizzitola, L., Casa, C. Feasibility of Administering an Oral rapid HIV Test in University-Based Dental Clinics. This project was done in collaboration with the Dental Hygiene Programs at Hostos Community College and New York City Technical College and in conjunction with research conducted by Dr. Anthony Santella, PhD, Hofstra University.

CONTINUING EDUCATION PRESENTATIONS

A very successful continuing education program for licensed dental hygienists is offered at Farmingdale State College. Continuing education is required to maintain licensure. Eight courses were given in the fall of 2016 and nine were presented spring of 2017. Several were presented by faculty and staff that are part of Farmingdale’s dental hygiene educators.

PRACTICUM

The BSDH Degree Completion program had 18 practicum placements in 2016 and 15 in 2017. Placements varied in scope and practice. Public health placements included NYS Department of Health in Central Islip, NY and
Healthplex Insurance in Uniondale, NY. Dental hygiene education placements included SUNY Broome Community College in Binghamton, NY; SUNY Orange County Community College in Middletown, NY; Farmingdale State College; New York City College of Technology in Brooklyn; and Eugenio María de Hostos Community College in Bronx, NY. Research placements were at Stony Brook School of Dental Medicine. Corporate experiences included placements with Designs for Vision in Ronkonkoma, NY; Ultradent in Utah; and Healthplex Insurance. Sales placements with Invisalign were in southern New Jersey and Manhattan. Health Administration placements included the Community Health Center in Richmond, Staten Island and Northwell University Hospital Dental Clinic in Manhasset. Lastly, there was one marketing placement at Eastern Shore Smile Solutions in Easton, MD.

PEER REVIEW PANEL
Marsh, L., Spencer, A. - Members of the National Peer Review Panel for The Journal of Professional Excellence Dimensions of Dental Hygiene: Responsible for peer reviewing and commenting on numerous articles on a myriad of topics submitted for publication.

COMMUNITY OUTREACH
DEPARTMENT OF DENTAL HYGIENE
April 2016
Health and Wellness Fair hosted by Farmingdale State College was open to the public. The Student American Dental Hygienists' Association (SADHA) participated, offering oral health education and oral health products. Students were accompanied by Prof. Adele Spencer, Dr. Maureen Capone and Dr. Lynn Marsh.

Sharzard Kosari won first place at the research poster session at the Greater Long Island Dental Meeting. Her research topic was entitled “Tea Tree Oil and Gingival Inflammation.” Her mentor was Dr. Maureen Capone.

Dr. Maureen Capone and Dr. Luisa Nappo-Dattoma along with several students participated in the 3rd annual Food and Nutritional Expo hosted by the Theresa Patnode-Santant School of Health Sciences and the Long Island Dietetic Association.

Oral Cancer Run/Walk: Dr. Lauren Argentina helped to organize the event. Prof. Susan Vogell ran in the event.

May 2016
Prof. Daniela Tarranto attended the First Hostos Dental Health Day.

Prof. Susan Vogell attended Career Day at Half Hollow Hills Middle School.

Summer 2016 and 2017
Professors Ann Lalehzarian and Barbara Greene coordinate a dental outreach mission to Guayaquil, Ecuador. This dental mission provides dental hygiene services in a remote area of the country.

September 2016
Dr. Maureen Tsokris and Carol McNamara accompanied four sophomore students Kaitlyn Rostron, Shreya Shah, Rickki Gardner, and Luz Raymondi to the Remote Area Medical Event held in Jonesville, Virginia. The students and faculty worked endlessly to provide dental hygiene services to residents that have limited access to dental care.

November 2016
Forty seven sophomore students accompanied by faculty Dr. Maureen Tsokris, Prof. Sharon Struminger, Dr. Robin Chimerine, and Dr. Maureen Capone performed oral cancer screenings and oral health education for employees at Henry Schein corporate in Melville, NY.

December 2016
Give a Veteran a Smile hosted by SADHA and the Veterans Affairs office FSC. The department donated 250 wellness bags to Beacon Hall for Veterans. Donations were provided from Colgate, Designs for Vision, Suffolk County Vietnam Veteran’s Association, and Boyd-Spencer Funeral Home. Prof. Adele Spencer coordinates this tremendous effort in conjunction with students and faculty; Prof. Janet Gruber, Dr. Maureen Capone, Prof. Debbie Kirinic, Prof. Janet Hall, Prof. Barbara Greene, Prof. Bonnie Tanney, Prof. Harriett Goldenberg, Dr. Larry Pizzitola, and Dr. Cristina Casa.

February 2017
The Give Kids a Smile event is coordinated by Dr. Lynn Marsh. This event is held in the Farmingdale Dental Hygiene Care Center, in Gleson Hall, and invites children to receive free oral screenings, dental cleanings, fluoride treatments, sealants, and oral health education, provided by faculty and students from Farmingdale's dental hygiene department. Faculties attending this year were Prof. Mariano, Prof. Harriett Goldenberg, Dr. Cristina Casa, Prof. Jean Hall, Dr. Maureen Tsokris, Dr. Larry Pizzitola, Prof. Adele Spencer and Dr. Maureen Capone. Sixty one children received services and forty nine sealants were placed by students.

Suffolk County Dental Society satellite site at the Atlantis Aquarium hosted GKAS. Several Farmingdale faculty and students attended.

March 2017
Give Kids a Smile event hosted by Nassau County Dental Society at the Cradle of Aviation was attended by Dr. Robin Chimerine, Prof. Sharon Struminger, Prof. Loretta Mariano, Dr. Lynn Marsh and Prof Harriett Goldenberg along with several freshmen students.

Career Night at East Meadow High school was attended by Prof. Ann Lalehzarian, Prof. Harriett Goldenberg, Prof. Debbie Kirinic, and Dr. Robin Chimerine.

April 2017
The Third Annual Oral Cancer Run/Walk was significantly attended by Farmingdale faculty and students to help raise oral cancer awareness.

SADHA donated 200 children's toothbrushes to Joe Dugan from the Peanut Butter Gang that will be distributed in India.

Adjunct Associate Professor Harriet Goldenberg in association with Sigma Theta Tau International Honor Society of Nursing collaborated with Dr. Bonnie Ewing and Elizabeth Colgan of the nursing department to prepare a post-operative care bag for women undergoing mastectomies. This care bag is now known as the Henny Care Bag. These bags have been provided to over 21 patients free of charge.

Prof. Sharon Struminger mentored two sophomore dental hygiene students with their research poster presentation entitled “The Link between Alzheimer's disease and Periodontal Disease.” They won first place at the Greater Long Island Dental Meeting. In addition, Prof. Struminger is a consultant to EOC Head Start Health Committee and Continuing Education Director for our department.

June 2017
Dr. Larry Pizzitola and Prof. Daniela Tarranto will be presenting to a senior center in State Senator Hannon’s district and Prof. Barbara Greene will be presenting to seniors at Paumanack Village I & II.