WELCOME

It’s hard to imagine but another year has passed and the summer is flying by. Our first newsletter was well received, providing annual updates to the faculty, staff, alumni, and friends of the Theresa Patnode Santmann School of Health Sciences.

Faculty continue to be productive in all areas of academic life, licensure rates are well above the national average, and additional equipment and instrumentation have been added to our inventory. We are still among the most selective Schools of Health Sciences in the nation, making our graduates sought after by local and regional organizations.

I am pleased to announce that two new programs will be fully operational by Fall 2019. Dr. Jack Thomas will chair the Department of Nutritional Science and Wellness, which will be housed in newly renovated space in Lupton Hall. The department will include baccalaureate programs in Health Promotion and Wellness, and Nutrition Science. Also, Applied Gerontology will be the next program under the new department, and we expect SUNY approval, perhaps by summer’s end.

Dr. Denny Ryman, Dean
Dr. Kathleen Cino, Chairperson

RETIREMENT
The department honored Dr. Mary Stedman, who worked in the Department of Nursing for 43 years, with a fond farewell in December 2017. Dr. Stedman is enjoying her new role as grandmother.

TENURE APPOINTMENTS
The department is pleased to announce Dr. Chris Glaser and Dr. Maria Nikolaidou are tenured faculty in the Department of Nursing.

RN-BS ONLINE PROGRAM
The nursing department is going online. In fall 2018, the Farmingdale State College Department of Nursing will offer a fully online RN to BS completion pathway for registered nurses seeking a bachelor degree. Dr. Maria Nikolaidou is the coordinator and adviser for this new pathway. The RN to BS completion students are fully supported with online orientation, advisement, tutoring, as well as the full range of Farmingdale State College student services.

GRANT FUNDED SIMULATION RESEARCH
Simulation research began in spring 2018. Drs. Goodstone, Glaser, Nikolaidou are funded through the Theresa Patnode Santmann Faculty Development Award to investigate the effect of deliberate practice to increase student nurse competency and decrease anxiety during high stakes skill testing.

INTER-PROFESSIONAL PRACTICE IN SIMULATION
The inter-professional partnership between LIEOC and the FSC Department of Nursing continues. Ms. Theresa Dember-Neal, Dr. Nancy Maggio and Dr. Karen Coutrier have increased the number of inter-professional (IP) experiences for students (nurse and nursing assistant). The current number of IP experiences is two per semester. An increase in the number of inter-professional experiences is planned for students in future semesters to foster learning in a team environment.

New FSC nursing simulation scenarios have been adapted for use with nursing assistant students. This is ongoing and dependent on scenarios chosen by faculty and staff for use in inter-professional activities.

Each week for 7-9 weeks (depending on the needs of the nursing department), LIEOC nursing assistant students come to the nursing laboratory for two hours to prepare for working as a part of the inter-professional team with the student nurses. Concepts of communication and role transparency among team members are highlighted in addition to scheduled instruction content.

FACULTY ACCOMPLISHMENTS IN THE DEPARTMENT OF NURSING
The nursing department continues to promote the health and well-being of the Farmingdale community and the Long Island region. Of note was the Diversity in Healthcare Education: Challenges and Opportunities, Diversity Matters conference sponsored by the Office of Diversity, Equity and Inclusion’s Excellence in Diversity and Academic Excellence. The conference was held on April 6, 2018 and led by Dr. Patti Cantamessa and Dr. Jennifer Bryer.

NURSING STUDENTS PRESENTED THEIR DIVERSITY TEACHING PROJECTS AT THE CONFERENCE.

Dr. Fran Cherkis received the 2018 Chancellor’s Award for Excellence in Faculty Service.

COMMUNITY OUTREACH
Nursing students and faculty participated in community-based outreach events. Most events are geared toward the provision of health education such as hypertension screening for the community. One venue is geared toward disaster preparedness.

Give Kids a Smile (collaborative effort with Dental Hygiene) (2/2/18)
Naloxone Training in Lindenhurst SD (2/28/18)
Heart Screen, NY (3/10/18)
Hypertension screening in Lindenhurst SD (3/16/18)
Hypertension screening in South Huntington SD (3/26/18)
LI Coalition for the Homeless Candlelight Vigil (4/10/18)
Hypertension screening in Farmingdale SD (4/11/18)
Operation Black Swan - Full Scale Mass Casualty Exercise (4/4/18)
Dr. Sherry Manansingh earned her doctoral degree at St. John’s University. Her dissertation is titled, “Test Anxiety and Academic Stress and the Use of Relaxation Techniques Among Nursing Students.”

Dr. Joanne Lapidus-Graham was elected ANA-NY Vice-President. She is currently Board Liaison to the Nursing Education Committee, a member of the Annual Meeting Poster Presentation Committee; and a member of the Finance Committee.

Nursing faculty presented their research posters at the Celebration of Scholarship at Farmingdale State College on November 7, 2017.

Dr. Monica Diamond Caravella was honored by the Nassau-Suffolk Hospital Council (NSHC) as a Nurse of Excellence nominee on Wednesday, May 16, 2018 at the Woodbury Country Club. One nurse from each of the Hospital Council’s member hospitals was nominated for the award, which recognizes outstanding leadership and clinical practice. Deans of area nursing schools also submitted nominations recognizing nursing excellence in education and clinical practice.

Nursing students presented their research posters at the Farmingdale State College Student Research Day on February 16, 2018.

**PUBLICATIONS**


Joyanne-Lapidus Graham and Jennifer Bryer, “QSEN Competencies: Evidenced Based Practice,” *ANA-New York Nurse*, 1(3)2018


Joyanne-Lapidus Graham and Jennifer Bryer, “QSEN Competencies: Teamwork and collaboration,” *ANA-New York Nurse*, 1(3)2018

**PRESENTATIONS**


Monica Diamond-Caravella, “Reopening a Dialog on Open Airways for Schools: Closing the Educational Gap for Children with Asthma Using
a Multi-Site Academic-Practice Partnership." Invitation to present research at 2018 Public Health Webinar Series, July 11, 2018.


Suzanne Elie, "Test Anxiety and Academic Stress Among Nursing Students and The Use of Relaxation Techniques." Poster presented at the NYNLN Sigma Theta Tau International, Chi Gamma Chapter, Campus Center Ballroom, Farmingdale State College, 2350 Broadhollow Road, Farmingdale, NY, November 10, 2017.


Christine Glaser, "Analysis of Registered Nurse Participation in a Thanatology Workshop on their Attitudes Toward Caring for Dying Patients." Presentation to the Northwell Plainview/Syosset Evidence Based Research Council, Syosset Hospital, May 18, 2018.


Lori Goodstone, Fran Cherkis, Christine Glaser, Nancy Maggio and Maria Nikolaidou, "Bundle Up: Introducing Care Bundles to Increase Knowledge and Confidence of Senior Nursing Students." Presentation to the New York League for Nursing/Chi Gamma Chapter of Sigma Theta Tau International: Fall In! Innovations, Inclusions & Integration Conference, hosted by Farmingdale State College, Farmingdale NY, November 11, 2017.


Kimberly Macario, "Gaming as a Student-Centered, Active Learning Strategy in Nursing Education." Poster presented at the NLN - Fall In! Innovations, Inclusions & Integrations, Farmingdale State College, November 10, 2017

Nancy Maggio, "The Effects of Heart Failure Education on Nursing Staff’s Knowledge and Confidence in a Skilled Nursing Facility." Poster presented at the Catholic Health Services of Long Island, First Annual Evidence Based Practice & Nursing Research Conference, The DeMatteis Center for Cardiac Research & Education, Greenvale NY, May 22, 2018.

Sherry Manansingh, "Test Anxiety and Academic Stress and the Use of Relaxation Techniques Among Nursing Students." Poster presented at the Chi Gamma Chapter of Sigma Theta Tau International Honor Society of Nursing, University Club, Farmingdale State College on April 25, 2018.


GRANTS

Maria Nikolaidou, FSC 4Pi Teaching Incentive for ‘Hybrid Course Development,” (2017) $1,500.

Maria Nikolaidou, Lori Goodstone and Christine Glaser, “Exploring the effect on deliberate practice on the anxiety level and performance competency of a high stakes skill in nursing students,” Theresa Patnode Santmann Faculty Development Award in Health Sciences: $5,000 (2018)
NURSING STUDENT MENTOR PROGRAM

Student Nurse Mentors were given the opportunity to mentor primary education minority students from underserved school districts on Long Island, specifically the Central Islip School District. Nursing students gained an appreciation of the importance of exposing minority grade school students to the profession, which may provide a pipeline of diverse professionals who are prepared to function in a complex healthcare system.

Two visits – October and November 2017 - were made to Mulligan Middle School in Central Islip, New York. During each visit, middle school children were presented with nursing concepts such as teamwork, assessment, and infection control. These concepts were introduced through activities including donning and doffing personal protective equipment, taking blood pressure and temperature, and select videos on the topics.

Feedback from school administrators was outstanding and nursing students were invited back for additional educational sessions. Middle school students were surveyed to measure their satisfaction with the program. Results indicated that the majority were highly satisfied and gained knowledge about health concepts.

MLT CLUB MEMBERS MAKING A DIFFERENCE

Striving to promote professionalism and leadership in the laboratory profession, the MLT Club was extremely successful this year in participating in a variety of community service and campus activities. A highly dedicated group of club officers (see photo) organized many noteworthy activities that included collecting and contributing clothing items for the Golden Key Honor Society’s winter clothing drive and assisting the Department of Dental Hygiene with its annual “Give Kids A Smile” day. Club members also hosted tables at campus club fairs and participated in lunch and learn sessions with regional hospital laboratories. The highlight of the year was the annual celebration of National Medical Laboratory Professionals Week during April 22 – 28 with a webinar and festive luncheon for MLT students. Kudos to this year’s MLT Club officers who shone in their leadership roles to promote community engagement for our future Medical Laboratory professionals.
During this academic year, the NAACLS re-accreditation process was completed for the baccalaureate program in Medical Technology. Following the site visit by NAACLS volunteers in April 2018, the report cited no deficiencies in meeting accreditation standards. The program will receive an accreditation award of up to ten years following the NAACLS Board of Directors meeting in Fall 2018.

The Department of Medical Laboratory Technology will no longer offer the AS degree in MLT following the graduation of the last group of students in May 2019. In anticipation of offering only the BS-level Medical Technology program, the department has revised the MLT courses offered as part of the curriculum requirements. This represents a redistribution rather than a change in the program content, with all courses now educating directly to the BS level. The transition to this revised curriculum will be complete as of spring 2019.

The department was awarded a NYS High Needs Grant titled Medical Laboratory Technology Curriculum Enhancement. The focus of the grant will be to increase the clinical sites affiliated with the Medical Technology program, thus increasing the opportunities for our students as they complete the clinical practicum courses required in the curriculum. A regional clinical coordinator will be hired for the two-year term of the grant.

Dr. Karen Escolas
In her first term as a member of Review Committee for Accredited Program (RCAP) of the National Accrediting Agency for Clinical Laboratory Science (NAACLS), Dr. Escolas has participated in awarding accreditation status and approval of Program Directors for other medical laboratory programs throughout the United States.

Additionally, she has acted as a Site Visitor for programs in Vidalia, GA, and Big Rapids, MI.

Dr. Christine Nebocat
After completing her Doctorate in Health Education, Dr. Christine Nebocat presented her research findings through various scholarly activities. Dr. Nebocat coordinated with Mr. Dennis Ernst, one of the leading phlebotomy experts in the nation, to co-write an article for Phlebotomy Today! This phlebotomy newsletter has more than 10,000 readers worldwide. Dr. Nebocat’s research was published in Teaching and Learning in Nursing. This journal focuses on advancing undergraduate nursing education. These research findings were also presented at the 2018 Nursing Education Research Conference, sponsored by the National League for Nursing and Sigma Theta Tau International Honor Society of Nursing. Evidence-based teaching practices were promoted through oral and poster presentations, to advance the educational outcomes of nursing students. Additionally, Dr. Nebocat was able to share her research with her peers through the Celebration of Scholarship event, held at the College.


Dr. Christine Nebocat and Professor Rita Austin
Through interprofessional collaboration with faculty members from the Departments of Dental Hygiene and Nursing, Dr. Christine Nebocat and Professor Rita Austin published an article highlighting their findings from an interprofessional workshop conducted with a group of undergraduate health science students. The Journal of Interprofessional Care aims to disseminate research, best practices, and advancements to the field of interprofessional education. With data from this unique group of health science students, the need for additional interprofessional opportunities in undergraduate students was indicated.


Professor Rita Austin
As part of her doctoral research Professor Rita Austin is researching the professional relationship between medical laboratory scientists and nurses. She is currently developing a presentation titled, “Medical Laboratory Scientists: This Is Our Story” that will be delivered online to nurse educators to enhance their knowledge and understanding of the Medical Laboratory Science profession.

Dr. Susan Conforti
Dr. Susan Conforti earned certification in Institutional Effectiveness through the completion of a three course sequence in the SUNY CPD program in May 2018. Her first certification, was in the Assessment of Student Learning Outcomes in 2017.


As a professional consultant for NAACLS, Dr. Conforti served as site visit team member for the re-accreditation of programs in Columbus and Springfield, Ohio.
DENTAL HYGIENE DEPARTMENT NEWS
Maureen Tsokris, RDH, EdD Chairperson

The Department of Dental Hygiene at Farmingdale State College has participated in several community outreach projects over the last academic year, both here on campus, in the surrounding community, and abroad.

In 2014 Professors Ann Lalezarian and Barbara Greene created the dental division of Blanca’s House, a non-profit volunteer organization based in Huntington, New York. The organization brings medical and dental services to the underserved people of Latin American communities. They have made three successful dental missions to Ecuador providing preventive dental hygiene services to over 1,000 Ecuadorians as evidenced by the happy faces pictured above.

Each November the faculty and students gather to honor veterans that have fallen on hard times. This event, called “Give a Veteran a Smile”, was coordinated by Professor Adele Spencer. The students donate items that are used to make wash-up kits. These items include, but are not limited to, shampoo, body wash, deodorant, razors, and toothbrushes and toothpaste. These kits are then donated to Beacon House, a respite for veterans.

The first Friday in February is national “Give Kids a Smile”. Here at Farmingdale, under the direction of Dr. Lynn Marsh, the sophomore students, assisted by freshmen students, full-time and adjunct faculty, provide preventative services to children from the community in our Dental Hygiene Care Center. The experience is an overwhelming success thanks to the dedication of the students and faculty. Pictured above are just a few of our dedicated faculty; Dr. Lynn Marsh, Professor Janet Gruber, Professor Harriet Goldenberg, Dr. Maureen Tsokris, and Professor Jean Hall. Other faculty that participated in the event are Dr. Larry Pizzitola, Dr. Cristina Casa-Levine, Professor Bonnie Tanney, Professor Marlene Azzam, Professor Susan Vogell, Professor Daniela Taranto, Professor Chris Matis, and Professor Loretta Mariano.

In April 2018, Professors Daniela Taranto and Loretta Mariano provided oral health presentations titled “Good Nutritional Habits” and “Oral Health for Seniors” to Island Harvest meal recipients.

On Sunday, April 29 Professors Allison Fody, Barbara Greene, and Janet Gruber along with Drs. Hanna Horowitz and Lauren Argentina participated in The Oral Cancer Foundation Walk/Run for Awareness.

In addition to the above events, students and faculty eagerly participated in the Great American Smoke Out, campus Health and Wellness Fair, and the Candlelight Vigil for the Homeless.

Reach Higher
**Dr. Maureen Capone**


Received Mentor of the Year Award for excellence in mentoring from the Dental Hygienists’ Association of the State of New York – November 2017, White Plains, NY

**Dr. Cristina Casa-Levine**

**PUBLICATIONS**


**PRESENTATIONS**


**RESEARCH POSTER PRESENTATION**


**ABSTRACT**


**Dr. Luisa Nappo-Dattoma**

**APRIL 2018**

Proposal submitted for panel presentation representing FSC faculty engaging in active learning strategies.

**CONFERENCE**

Faculty Resource Network 2018 National Symposium; November 2018. Title: “Transforming Teaching Through Active Learning.”

**Dr. Lynn Marsh**

Received the Mentor of the Year Award for excellence in mentoring from the Dental Hygienists’ Association of the State of New York – November 2017, White Plains, NY

**PUBLICATIONS**


**ABSTRACTS/RESEARCH**


**RESEARCH POSTER PRESENTATIONS**


Mentored three sophomore dental hygiene students for their research poster presentation at the Dental Hygiene Research Symposium at Farmingdale State College, Greater New York Dental Meeting at the Jacob Javits Center and the Greater Long Island Dental Meeting.
MENTORING
Mentored three sophomore dental hygiene students in creating their research poster for presentation at the First Annual Dental Hygiene Research Symposium October 2017, Farmingdale, NY; Greater New York Dental Meeting, November 2017, Manhattan, NY; Dental Hygienists’ of the State of New York meeting, November 2017, White Plains, NY; Greater Long Island Dental Meeting, April 2018, Melville, NY.

Professor Janet Gruber

AWARD
Recipient of the Chancellor’s Award for Excellence in Teaching (Fall 2017)

RESEARCH
Researched and revised 13th edition of an authored chapter in a comprehensive dental hygiene textbook, Clinical Practice of the Dental Hygienist. Updated figures, text, pictures, diagrams, and references were researched and included in the chapter. First draft of manuscript was submitted October 2017. First readers’ comments after external review were reviewed in March 2018 and information was added in April 2018 to chapter regarding digital sensor pitfalls.

PRESENTATION
Presented Continuing Education Course, “Digital Radiography; Part II”, to practicing dental professionals, 3 CEU, Farmingdale State College, 10/13/17.

Dr. Lawrence Pizzitola

PUBLICATIONS

Same piece also published but with revisions by the publisher:

Professor Susan Vogell

CONFERENCE ORGANIZATION
Organized First Annual Dental Hygiene Research Symposium (October 2017) where sophomore dental hygiene students showcased poster presentations. Vendors offered information and samples on dental hygiene products. The winning poster was titled, “Periodontal Disease: A marker for Rheumatoid Arthritis” and was presented by Yocelin Arevalo, Shirley Bonilla, and Sara Jimenez.

Debbie Kirincic

MENTOR
Research Symposium poster presentation titled “The Effects of Green Tea within the Periodontium.” Farmingdale State College Dental Hygiene Practicum Mentor for the Bachelor’s Degree Program, Farmingdale State College, Spring 2018

Promoted to Adjunct Professor, January 2018

Harriet Goldenberg

MENTOR
GNYDM and Research Symposium poster presentation “Potential Oral Health Risks in Athletes,” Farmingdale State College

DHASNY 2nd place Research Poster presentation- winners-11/2017- “Potential Oral Health Risks in Athletes”

Promoted to Adjunct Professor, January 2018

Barbara Greene

Freshman Clinic enrichment tutoring.

Professor to Adjunct Professor.

Ann Carlsson-Lalehazarian


Professor to Adjunct Professor

The following adjunct Clinical Dental Hygiene Instructors completed their master degree studies:
Jennifer Blitz - Master of Public Health from University at Albany, May 2018
Tamara Faure - Master of Science in Health Care Administration from Utica College, May 2018
Alison Fody - Master of Public Health from University at Albany, December 2017
Michele Yalvec - Master in Educational Administration degree from the University of the Pacific, May 2018

FACULTY RETIREMENTS
Sharon Struminger served the dental hygiene department and the college for almost 50 years. She was an incredible mentor to her colleagues. Sharon was the Director of Continuing Education, as well as the sophomore clinic coordinator.

Adele Spencer has been the dental hygiene freshman clinic coordinator since 2000. In her role as coordinator she has overseen the professional development of all entry level dental hygiene students.

Maureen Capone has 13 years as full time faculty and has overseen the dental hygiene student’s community outreach activities including the campus club fairs, Health & Wellness Fairs, the Great American Smoke-Out, Oral Cancer Screenings for the Henry Schein Corporation, as well as many other community outreach events.

RECOGNITION FOR 25 YEARS OF SERVICE
Dr. Hanna Horowitz

PROMOTION
Dr. Cristina Casa-Levine promoted to Associate Professor

NEW FACULTY
Professor Marija Cahoon
Professor Jean Hall
Professor Margarita Rivera
Health Promotion and Wellness (BS)
The desire for healthier living and a well-rounded lifestyle has created a booming industry nationwide. Learn about this growing field which uses principles from nutrition, exercise, behavior modification, weight management, science, and medicine to help people experience improved and more satisfying lives. Wellness Educators (also known as Health Coaches) work in a myriad of settings with employees, young people, and graying baby-boomers to maximize their quality of life, emphasizing body, mind and spirit. Research indicates that for every dollar spent in preventative medicine, $11 are saved in lost productivity or more serious health concerns, making wellness increasingly important to employers and Wellness Education a valuable workplace career.

Nutrition Science (BS)
Nutrition, healthy choices, and lifestyle dietary changes are all having an impact on the way we think about food consumption and food preparation. The links between diet, fitness, and disease prevention and management are all part of this fascinating exploration of food and its relationship to health in the 21st Century. Students will learn to examine complex relationships in the exploding field of human nutrition and food technology and what's ahead in the study of nutrition research, public health and food chemistry.