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FARMINGDALE STATE COLLEGE ONLINE STUDENT NEWSPAPER • MAY 2014

Tobacco Free Policy in Effect

By Tameka Boyajian

The smoking ban is in fact real. The tobacco free policy took effect in April 2013. It has been in effect for a year now and most students aren't aware of this policy.

The college tobacco-free policy guidelines say no smoking is permitted in school buildings, including residence halls, or within 25 feet of building perimeters, at campus events, and along pedestrian walkways. E-cigarettes, chewing tobacco, and other tobacco products are also included in the ban. These guidelines were set by SUNY Chancellor Nancy L. Zimpher.

The goal of the smoking ban is to provide



Vinny Giorlando a nursing student

SUNY students with a healthy and more eco-friendly environment. There are signs at the entrances of most buildings on campus that read, "No smoking within 25 feet of the building entrance." However, there are still people smoking in the non-smoking areas.

"This is an autonomy debt. You should have your own right to like what you want and to do what you want," said Vinny Giorlando, a sophomore in the nursing program. Students admit that they will continue to smoke regardless of the tobacco-free policy.

Some of the non-smoking students actually have empathy for the smoking students. "I think that smoking should be regulated and just be allowed in specific locations for smokers to enjoy," said Jon Guzman, a non-smoking junior in Professional Communications.

Students need to beware of the tobacco-free policy and their rights as SUNY students. "The voice of the student is the most important one," said Audrey Krapf, Director of the Health & Wellness Center. "What we need to focus on is changing the culture on campus to one that is mutually respectful for both smokers and non-smokers, while emphasizing the effects of second-hand smoke on non-smokers and the environment."

The Health and Wellness Center offers a variety of different preventive and other helpful methods. Currently, there are self-help smoking cessation kits available, as well as emergency kits from the American Institute of Preventive Medicine. There is also a six-week smoking-cessation program provided by the Suffolk County Department of Health, "Learn to be Tobacco-Free," beginning in the fall semester 2014.

Fulbright to Thailand

By Kristen Chiofalo



Himmler Joachim, FSC graduate and English Teacher in Thailand

In 1946, Senator J. William Fulbright founded the Fulbright Program. Today, 68 years later, the program stands as one of the most prestigious, and it distributes limited and highly desired awards to eligible individuals. Farmingdale State College ranks as the top SUNY school, having the greatest number of students selected for the Fulbright award.

The Fulbright Program is administered by the United States Department of State Bureau of Educational and Cultural Affairs. The program strives to support friendly relations between the United States and other countries by sending select scholars to study abroad.

Himmler Joachim, a Professional Communications graduate from Farmingdale State College and a 2013 Fulbright Award recipient, said, "Being chosen to participate in the Fulbright program is one of the best things that ever happened to me. My only issue is that it's already been six months since I've been in Thailand. Time is going too fast!" Joachim is teaching English in Thailand.

Most of the funding for the Fulbright program is derived from the United States government, while governments of several foreign countries, individual donors, and other organizations also contribute. "To have a chance to go and study in another country, I think, is a fantastic experience," said Dr. Kalemari, professor of mathematics at Farmingdale. Fulbright scholarships are decided based on intelligence, and creativity, and are awarded to individuals who want to share their ideas, culture, and knowledge with others.

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Rocky Horror is Alive

By Tasmy Gómez



Scene of "The Rocky Horror Show." Picture by LMS Photography

The student-run Backstage Theatre Company presented the first function of the controversial musical, "The Rocky Horror Show." The musical, presented in the Little Theater in Roosevelt Hall, the packed audience was full of student who where engaged through the entire play.

"The Rocky Horror Show" tells the story of Janet and Brad, an engaged couple whose car breaks down during a storm, and they find themselves forced to look for help in a nearby home where they are assisted by Frank, a mad transvestite scientist, who introduces them to his new creation, Rocky Horror, a muscled, well-toned man.

The musical, written by actor Richard O'Brien, and now in its 41st year, was first presented in 1973. Its sensual and provocative production, along with the foul language that characterizes it, make "The Rocky Horror Show," a one of a kind experience.

Sophomore Robin Urie, who attended the show, described it as excellent. "Do not doubt for one second whether or not you should go see it, and just go! It was really good," said Urie.

Mike Madrigal, who plays Rocky Horror, expects the musical to deliver a message of acceptance and inclusion towards other people. "They look at these transgenders that are referred to as 'aliens' as being different from people; [by] showing how closed-minded society can be. They compare someone who does not fall into the norms of society as different, so much so that they are alienated from being called people too," said Madrigal.

Following their tradition of dedication and passion, Backstage Theatre Company has invested itself in the process of creating a colorful, spicy production. Yet, not everything

was blissful during the rehearsal of the show. "One of the challenges we faced in bringing this show together was understanding where each character stood, and developed them into our own understanding of who they are," said Madrigal.

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Each year, approximately 8,000 grants are awarded. Of those awards, 1,600 are granted to United States students, 4,000 to foreign students, 1,200 to United States scholars, and 900 to visiting scholars. Awards can be granted to United States and foreign students, teachers, artists, professionals, and scientists.

"Having graduated from a college that has such a high number of Fulbright scholars makes me hopeful that one day, I too, can be a Fulbright scholar and future leader," said Karl Nordenschild, a Farmingdale graduate from the class of 2013.

For more information on the Fulbright Program at Farmingdale State College, contact Fulbright Program Advisor Dr. Beverly Kahn at (631) 420-2396 or email her at Beverly.Kahn@farmingdale.edu. The program runs on an annual basis.



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Journalism Students

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The New Kids on the Block: FSC Class of 2018

By Jenna Ramrattan

Farmingdale State College hosted Accepted Students Day, officially welcoming a bright new group of scholars to the school.

Roosevelt Hall was decorated in the school colors, green and white, and decked out with balloons, a huge stretch of snacks, and spirited tables for the multitude of clubs and organizations offered at the school. The Starlettes, Farmingdale's dance team, did a special performance and, of course, Ram-bo, the school mascot, romped around, posing for photos with the new class.

Around 175 accepted students, along with 100 parents and 50 Farmingdale undergraduates, were in attendance. "It's an opportunity for accepted students to meet and mingle and ask any questions that they

might have from current students," said Justina Geremia, Resident Director, who runs the First Year Residential Experience Program. Among current students available to give advice and set an example for the new troop of freshmen were Rambassadors, RA's, and members of the International Office.

"We're doing an activity called nuts and bolts, where a current student gets a bolt and an accepted student gets a nut and they have to try to find their match," said Geremia. "Once they find their match they have to complete this form – what's your home town, what's your major, what's your favorite hobbies, favorite song – so it's just a way to break the ice and for people to get to know each

other." Each completed form granted the new student a raffle ticket, so the more people they approached meant a greater chance to win some prizes.

Students met with their academic department first, while parents were able to mingle with staff and other parents at tables set up in Roosevelt. After the festivities, accepted students were able to take a tour of the campus. "The campus is very big," said Lesandra Outar, who will be a Liberal Arts major next spring. "I think it's a nice place."

Outar and others expressed their desire to attend FSC because it is conveniently located near their homes. Keirsten Gaertner, who will be majoring in Architectural Engineering, said, "No other schools offer this major." She was happy that she did not have to leave home to receive an education in a subject that interests her.

Overall, Accepted Students Day was educational for everyone involved. "I learned about what clubs are offered and I got to meet the chair of the department," said Evan Green, a future Professional Communications major. "I learned about the general program and what classes I have to take." It was a good way for students to become introduced into the FSC environment and take home some green and white pride.



Mars and Venus Clash in Little Theater

By Tasmy Gómez

Sociologist Dr. Michael Kimmel presented his lecture "Mars, Venus or Planet Earth? Men and Women in a New Millennium" in the Little Theater located in Roosevelt Hall. The lecture covered topics such as the construction of masculinity in a contemporary world and gender inequality in western society.

Kimmel elaborated on how the printed industry is saturated with books and other materials that stress the differences among men and women. Using the example of the No. 1 New York Times best seller, "Men are From Mars, Women are from Venus," Dr. Kimmel expressed that men and women do not belong to separate worlds, but that both are allies with similar ideals. He believes if both get to cooperate together then it will be possible to eradicate gender inequality in society, which will also benefit men in the long run.

Some of the ways he suggested in which both men and women can work together are first, reorganize the workplace to accommodate both work and family life for both sexes. Allow parental leave for both parents after their child is born so they can look after their newborn and have both partners equally divide the housework and chores.

In addition, Kimmel also stressed the benefits of a marriage based on equality,

such as a diminishment of the likelihood of divorce, happier and better adjusted children, an increased level of satisfaction in wives, and a lessened likelihood of incurring in risky behaviors for men.

The lecture was possible thanks to the Title III Students First Grant awarded to Dr. Angela Jones, coordinator of the Women, Gender and Sexuality minor with the objective of engaging students in extracurricular activities. Caitlin Dunham, a junior in Liberal Arts and one of the students who assisted with the lecture said, "It was a great experience to be able to see one of your favorite authors discussing the same materials that have been covered in previous classes."

Dr. Jones also highlighted that the event was part of a series of initiatives with the objective of motivating students to join organizations on campus such as the sociology, anthropology, and LGBT clubs, as well as the women's student union. "The infrastructure is there, we are just in need of committed students who want to engage in creating safe spaces on campus for the discussion of topics of mutual interest."



Guest speaker, Dr. Michael Kimmel

Ramp Up a Resume in Fewer than 24 Hours

By Jenna Ramrattan

Students think the hard part is over after enrolling in college and that careers will just come pouring in after those four years. However, approximately a third of Americans between the ages of 25 to 29 now hold bachelor's degrees, according to the National Center for Education Statistics – the highest percentage that any generation can claim. So what sets the Farmingdale graduate apart from dozens of other applicants also vying for that perfect job?

Breanna Delaney, who graduated from Farmingdale last year, recently started working at a job she loves. "The person who interviewed me saw that I had a bachelor's and said it was a one-up on other people," Delaney said. "But I think the fact that I didn't work in an office before looked bad. Not having any experience wasn't good for me." It's the typical conundrum: how can someone get experience if no one hires people without experience?

Making a resume stand out among other graduates applying for that dream job is essential, especially if it doesn't include any prior exposure to the field. Highlighting other skills will make an applicant memorable to employers. Don't have a lot of time after studying for that test? Here are some ways to boost resumes that take fewer than 24 hours of the day.

"I think the fact that I didn't work in an office before looked bad. Not having any experience wasn't good for me."

Volunteer

Although she didn't have a lot of work experience, Delaney found that volunteering was a talking point in her interview. "He brought up my volunteering experience first. I talked about my passion for animals and environmental issues," she said. Volunteering indicates that people care about the world around them and that they will go above and beyond what they need to do for the company.

Recent Farmingdale dental hygiene alumni Allison Moskowitz also found that this helped her job search. "They talked about my volunteer work," she said. "I did canine oral health presentations." This helped Allison add practical experience to her dental hygiene degree, while still being fun. Volunteering can take only a few hours every week, and it will not only look good to employers, it will be a rewarding addition to any routine.

Certificates and Achievements

A strong GPA will show the hard work that a student did in class, but having accomplishments outside of class will show that he or she can achieve merits without having to be told. Here are some practical certifications that will not impede a busy schedule.

- Holding a CPR certification shows responsibility and preparedness. Visit redcross.org to sign up for a 5 hour course on first aid and CPR. Everyone wants someone who can save a life around the office.
- Becoming a notary public shows initiative. Typically, a 3 hour class and a test will allow someone to notarize all kinds of documents. This is helpful for employers who don't want to leave the office to sign that contract. Online classes are available at nationalnotary.org.
- Public speaking certificates show experience with communicating with others in a professional setting. This can look good for any job that requires dealing with clients or professionals. Go to toastmasters.org to find a nearby chapter.



Make an Appointment at the Career Center

The quickest way to boost a resume is to use the many services that Farmingdale offers its students. An hour appointment at the Career Center will help format a resume so that employers will notice it.

"Large companies will scan resumes electronically," said Dolores Ciaccio, the Director of Career Services. She advises, "Pick out keywords from the advertisement and use them in the resume and cover letter. Scanners will pump out resumes with the most keywords. Even if it's not a computer, you want to catch a person's attention."

The Career Center can help arrange resumes to highlight all the new skills students have acquired. "You always want to include a summary of qualifications at the top of your resume," said Ciaccio. "It can contain up to six items telling something special about you. An employer looks at the first ten lines of a resume. If they think it's a good match from those ten lines, they will read it further. Think about special skills you can bring to that decision."

To make an appointment at the Career Center, call (631) 420-2296, email careercenter@farmingdale.edu, or stop by the Student Success Center in Greenley Hall.



"An employer looks at the first ten lines of a resume. If they think it's a good match from those ten lines, they will read it further. Think about special skills you can bring to that decision."

Hobbies

What do you do in your free time? Although people may think that this doesn't apply to a work setting, many times someone's hobbies has can set him or her apart from other applicants. Knowing that a persons are productive and creative outside the office can show that will bring dedication and originality to the job.

Moskowitz does crafting in her free time, and this talent helped snag a new job. "After I went to the interview, I hand wrote a thank you note and sent it to them," Moskowitz said. "It had some extra info about me and I designed a stamp that said 'Custom made by Allison,' so they knew I made it myself and didn't get it done somewhere. The guy said it looked professional and it was really impressive."

If confused about where to start, livingsocial.com has a plethora of fun activities that will introduce people to new hobbies. Take a painting, jewelry-making, or photography workshop; learn how to knit or bake. These classes take only a few hours and, although they won't make people experts, they will give them a starting point that can lead to a fulfilling hobby.

Local libraries also have plenty of clubs and activities available. The Farmingdale public library hosts creative writing, poetry, and introductory drawing classes, as well as a book club.



Justice Served

By Michael Scanlon

A racist slur was scribbled on the men's bathroom door located in Whitman Hall, in April. Students need to understand the uneasiness one phrase can cause. The slur, though too obscene to state, included negativity towards African Americans, using a derogatory term accompanied by a Swastika.

It is interesting to understand how racism still exists despite other races having overcome such hardships since the 1960s. Unfortunately, racists thoughts are among the student body today. I interviewed a fellow classmate named Robert who discovered the graffiti.

"When I encountered the statement on the men's bathroom, I was shocked and disappointed. I would think in this day and age, people would get pass the stereotypes of African Americans," said Robert, a student. "I came to this college to further my education, not be told my race was going to die. I don't blame the college in any way. The college is great, and I love the professors and students. Awesome teaching goes on here. This generation should be more sympathetic towards racist remarks."

Robert is a good student who is currently engaged to another student attending Farmingdale as well.

He said he now feels unsafe and has fear for his fiancé and himself. "I am engaged to an Italian girl who attends this school and we meet every day for lunch. Now I feel I have to be on guard for any harm that may come while eating with her."

What is troublesome is the problem itself, or, even more important, finding the student responsible for the racial slur. Fortunately for students like Robert, justice does prevail.

On April 25, Kathy Coley forwarded an email from Chief Marvin Fischer to inform students that someone was caught vandalizing the men's room in Whitman Hall.

"As you may know, the campus has experienced several incidents of graffiti over the past few weeks. As we have stepped up efforts to address this issue, I wanted to inform you that last Friday, April 25, a male student was arrested for defacing the walls of a rest room in Whitman Hall. The student was issued an appearance ticket to appear in Suffolk County Criminal Court and has been suspended from classes and barred from the campus pending resolution of the criminal action."

Though this may not have been the student responsible for the previous racial slur of graffiti, he will now be disciplined to the fullest extent of the law.

University Police wanted to assure students that vandalism in the school's bathrooms will not go unnoticed.



Rambassador Program

By Brittney Bihn

Farmingdale College is now looking for applicants to be a part of the Rambassadors. Rambassadors are members of an established student internship program where all major are encouraged to apply. The internship is run by the Office for Institutional Advancement and Enrollment Services in marketing and recruitment of FSC. With approval, students are able to receive school credit for compensation.

The Rambassadors assist in promoting Farmingdale State College to possible future students and their parents. Rambassadors will not only participate in special events for recruitment such as, FSC's Fall and Spring Open House programs, but will also be representing Farmingdale by giving campus tours to future students. Along with that, Rambassadors advertise Farmingdale College through social media and blogs. "Students will have the chance to contribute ideas and have a voice in the future of Farmingdale," said Amy Michelin, coordinator.

Students are able to apply online for a

position on the Farmingdale website. "After we conduct an interview, the panel of six advisors comes to a decision. We normally let the students know within a day or two after the interview," said Michelin.

"Rambassadors sounds like a cool program. It's difficult to find an internship so it's definitely something I'd look into," said Justina Ciancio, student.

Once accepted, it is necessary to maintain at least a 2.5 grade point average. "I think it's important for students to maintain at least a 2.5 to get an internship," said Taylor Kami, student.

Rambassadors is a great opportunity to gain experience in marketing as well as a great addition to a resume. "Current student Rambassadors have already had occasions to network with alumni and business leaders, learn from professionals in Admissions and Institutional Advancement including Vice President Patrick Calabria. They have even meet with the President to share their thoughts and ideas," said Michelin.

Get your Caps & Gowns... It's Almost Time to Graduate!

By Rebecca Strickland

Saturday, May 17, is just around the corner. Students are taking their final steps before they walk in graduation. With senior week next week, many things lot seniors must do before they can accept their diplomas in mid-May.

All seniors must fill out an intent to graduate form and bring it to the registrar's office to make sure they have fulfilled all their credits needed for their major. Once student's are approved, they can order their cap and gown from the bookstore, located on campus.

To remember your milestone in life, professional photographers were on campus both to take cap and gown, professional, and casual photos.

According to the candidate's checklist, seniors are encouraged to attend Student Activities Week, also known as Senior Week, for their last hoorah. During that time,

graduating students are able to pick up tickets for the graduation ceremony. Each graduating senior is allowed six free tickets.

All students who are graduating must arrive on campus the day of graduation no later than 10:30 a.m. Students should meet in the Nold Hall gym, where instructions will be given and they will be lined up. This year's graduation will be taking place outside on the soccer field. Students are advised to wear appropriate clothing and shoes because the ground may be uneven.

After graduation, students must remember to keep checking the Farmingdale website to see the photo gallery of the Spring Commencement and order photos for memories as well.

Congratulations Class of 2014



Ramfest Ready to Roll for its Second Year

By Alexa Toyas

Ramfest, a collaboration between 10 of the clubs at FSC, is an end of the year festival taking place on May 2 from 4 - 9 p.m. As the second annual event, the committee chairmen, Kimm Morello and Wendy Velasquez hope that this year's Ramfest will be even bigger and more impressive than last year. Out on the lawn next to Orchard Hall, students will be able to attend and enjoy the festivities right before finals week.

"We're trying to get as many clubs as possible to participate," said Wendy Velasquez. "It brings school spirit." Velasquez and Morello have ordered live music, a mechanical bull, a video game truck, inflatables, zip-line, a candy wall, dodge ball arena, henna tattoos, a rock wall, and catered food throughout the day. This year the committee was able to incorporate more activities due to their increased budget from last year.

"We're hoping it becomes one of Farmingdale's traditions, so when people hear Ramfest, they know you go to Farmingdale," said Velasquez. However both Velasquez and Morello agree that planning such a tradition has required hours of hard work.

"We meet every week to plan it out. It's been a collective effort. We're hoping it can bring the whole campus together," said Morello. As President of the Backstage Theatre Company, Morello is also looking for ways in which she can involve the theatre in Ramfest.

There will also be raffles where students can win a Playstation 4, Xbox 1, iPad Air, Visa gift card, Beats by Dre headphones, a Kindle Fire, and a host of other prizes and giveaways.

The student activity fee allows everything at Ramfest to be free to FSC students. "There is not one club that we contacted that is not interested in participating in Ramfest," said Committee Chairman Angela Jasur. The committee prays for good weather, because if it rains, Ramfest will be postponed to May 9 and some of the larger attractions will not be available.

"Ramfest will be a day of unity where there is something for everyone," said Jasur. Each May, the committee hopes that Ramfest will be something to look forward to, not only as a school tradition, but as one last hoorah for our seniors.

Opinion Piece: Scheduling

By Scott Callahan

Making a schedule every semester is a point of stress for many students. The process is long and confusing and usually requires a lot of flipping back and forth in the large and wordy catalog.

Farmingdale does what it can to help ease up the process by having advisement appointments and notifying us well ahead of the time when students need to register.

The process does have its own drawbacks though, as nothing is perfect. With so few advisors available for each major, and so many students trying to get in at once the offices get a bit clogged. Sometimes students have to wait a week or two to even get the appointment. By that time, classes have already begun to fill, especially for freshmen.

"I like that the advisors create a schedule for me, they even make sure it's at times I need to work around my work schedule," said PCM student Elisa Jorge. "I don't like that in the past I've had to take a class that I did not want nor did I actually need."

"Some advisers are good at helping you out, but I've had a few who make it really confusing, and try to give you classes you've already had," said senior Jon Lewis.

Students mostly don't mind the advisement appointments, though sometimes finding the time for one can be really difficult. Students want a better way to plan in advance for their classes, so they can go into the advisement appointment ready to go.

"I feel as though I'm the one who has to research the classes and what they entail and make sure I'm not going to be assigned to a class I don't need or have already taken which has almost happened," said Katie Newman. "I feel like they should give us a sheet where we are able to keep track of the classes we have taken and be able to work off that."

The consensus is that students want an easier way to be more active and feel more secure about choosing classes, an option that allows them to see what they have taken, what they are currently taking, and what they need to take to complete their major, preferably something that can be accessed from anywhere and is user friendly. Sounds like an iPhone app to me.



Your Job Hunt at Farmingdale

By Brittney Bihn

Located at Roosevelt Hall in the multipurpose room, the 2014 Spring Job Fair recruited employees for several different fields of interest. From employers looking for insurance agents such as, GEICO, to assistant project managers at Eldor, there were several great opportunities to explore.

Enterprise was also recruiting, and this was not their first time attending a Farmingdale job fair. "This is my fourth time at Farmingdale," said Jessica Caroll, talent acquisition specialist. The job fair has been a success for Enterprise in the past. "We hire a lot. Farmingdale has a lot of commuters so it's beneficial," said Caroll.

In fact, three intern positions at Enterprise have been offered to Farmingdale students

"I talked to a lot of people, I really recommend going to job fairs, it's an easy way to make some connections"

recently. "Fifteen current employees are Farmingdale graduates," said Caroll.

A decent number of students attended, dressed in business attire, ready to impress. "I came prepared. I have been to a few job fairs so I knew I needed to be prepared to make a great impression," said Matthew Kaminsky, student.

The job fair even caught attention from students who had no intentions on going. "I actually didn't know about it, but I decided to stop by. I wasn't prepared, but it definitely taught me what to be ready with for next time," said student Francesca Nuala.

The 2014 Spring Job Fair, sponsored by the Career Center at Farmingdale, was a success. Even if some students did not find a job that sparked their interest, it was an experience. There was a great deal of networking and learning. "I talked to a lot of people. I really recommend going to job fairs. It's an easy way to make some connections and even practice interview skills for the future," said Nuala. Farmingdale State College holds a career fair every fall and spring semester.



A New Plan For Graduation

By Rebecca Strickland

Farmingdale is trying something new for the Spring 2014 commencement. In past years, Farmingdale held its graduation ceremony inside Nold Hall. However, last year Nold Hall was under construction, so the ceremony was held on the soccer fields.

Due to poor weather conditions, guests were forced to sit in the rain, and graduates wore plastic ponchos as they accepted their diplomas. "I heard about last year's graduation in the rain so I am pleased to hear there is a rain date," said Taylor Wolchuck, a senior.

"Nold Hall was supposed to be ready last year, but the construction took longer than planned," said Jennifer Infante, Professional Communications assistant. Nold Hall is now renovated and open to students, but

Farmingdale chose to hold the Spring 2014 commencement outside again this year.

However, with better planning there is a scheduled rain date. This year's commencement is Saturday, May 17, at 12 p.m. with a rain date of Sunday, May 18. "As long as it's a beautiful day, I rather graduation be outside," said Lauren Accardi, criminal justice major, graduating in May.

Farmingdale officials stated on the webpage that a decision will be made early Saturday morning and to "visit the College website home page for emergency instructions. If commencement is postponed to the rain date, Sunday, May 18 at noon, it will take place rain or shine."



Spring Commencement 2013

5th Safest Campus in the Nation

By Brittney Bihn

Farmingdale was recently named the fifth safest college in the nation by University Prime. University Prime is a website for information on college campus life.

This ranking is definitely comforting for students and their families. "I think being named fifth safest will encourage more students to apply to FSC and will bring comfort to the families of students who are

"People watch out for each other and if they see something that doesn't seem right, they know they can talk to the University Police"

enrolled here," said Kathy Coley.

The campus has several ways to enhance security spread around campus. "I'd like to

point out security systems are in residence halls. Blue boxes are located throughout the campus," said Coley.

In regard to the daily routine of the university police, Chief Fischer said, "Varied patrol, speaking with students, and monitoring daily campus and regional activity assist in keeping the campus safe."

"I definitely feel safe at Farmingdale. One time I was picking up my girlfriend from school and campus police pulled me over for being in an unauthorized area because he thought I posed a suspicious threat," said Anthony Sogluizzo, student.

A great contribution to our campus safety is the people who are a part of it. "People watch out for each other, and if they see something that doesn't seem right, they know they can talk to the university police," said Kathy Coley.

Looking for a diverse group of friends? A space where you can socialize and meet new people?



Join the new LGBT Club on campus!!!

For more information contact:
lgbtsc@gmail.com

Get Up, and Get, and Get Active!

By Michael Scanlon



There is certainly something to be said for Farmingdale State College's new intermural league program. Over the past few of years, the college has been able to get students involved in recreational activities that take place on the campus at various times. Thanks to campus recreations, there is absolutely no excuse for students to be bored.

There are numerous activities which require a total of five minutes to sign up or not even sign up at all. Students may get together and sign up with friends, or sign up solo.

According to various sources, students who sign up for intramural and recreational activities say it was one of the best experiences they've had at the school. Intramural leagues are a great way to socialize with people while working toward achieving a common goal. They are a great way to show how teamwork and encouragement can go a long way.

What's great is that intramural sports require no tryouts or strict practices. They are an absolute free environment in which participants in any physical condition, are always welcome.

There are a variety of activities that Farmingdale offers students to include indoor soccer, intramural basketball, and intramural dodge ball. These teams are three vs. three so plan on finding two more people to gather. There are numerous recreational activities including piloxing (pilates and kickboxing), yoga, zumba, and abs and core bootcamp. Also being introduced is the new couch to fit program in order to prepare for the school's 5k race in April.

You may sign up for any one of these activities at <http://www.imleagues.com/Members/Account.aspx>, or contact Kathy Coley, at kathy.coley@farmingdale.edu. Do your body a favor and get up and get active.

Basketball Intramurals Reaches Regionals

By Nina Ohakam

Cup of Noodles, an intramural basketball team at Farmingdale State College, beat their competitors, the 4 Gunnaz, during semi-final week here in Nold Hall. This win sent them to compete at the University of Massachusetts from March 21-23, 2014, for the Northeast Regionals with their coordinator, Eli Olken-Dan.

In the first game against Iona College on Friday night, the Cup of Noodles lost by 15 points, but played hard. Lawrence Burwell led the team in scoring. On Saturday afternoon, the Cup of Noodles lost to Rutgers 61-59. Cup of Noodles was down by 8 points with just a few minutes to go, before tying the game 59-59 with 13 seconds left on a three pointer by Lawrence Burwell. Rutgers scored the winning lay-up with 3 seconds left to make it 61-59. In the last game of the tournament Cup Of Noodles lost to the St. Johns University Club basketball team.

"It has been a very good year so far," said Olken-Dan, coordinator of campus recreation. This is his first year directing the program and Farmingdale's first year sponsoring intramural teams. Dr. Tom

Corti, Vice President for Student Affairs said, "They've shown nationally that students who participate in campus activities and intramural sports are more satisfied with their collegiate experience."

Brandon Williams, a junior referee and co-captain of Cup of Noodles, said, "Intramurals



has been a big hit this year. This is the most participation that I've seen on campus in my last three years."

The 2013-2014 school year introduced intramural basketball, as well as soccer, indoor

soccer, softball, ultimate Frisbee, flag football, and dodge ball, bringing out approximately 400 participating students.

Intramural basketball has approximately 60-70 students participating, making up four student-made teams, and two free-agent teams, which allows students who weren't able to create teams on their own an opportunity to participate.



The intramural basketball season lasts four weeks with an extra week for playoffs, allowing each team to play at least five games.

"Students are always looking for a way to stay active and intramurals allows students to continue to play the sports they like," said Olken-Dan.

He agrees that Farmingdale College has been very supportive of the program, which has no additional cost to players. The mandatory student activity fee finances intramural sports. This program also employs about 25 work-study students who officiate.

Delicious New Flavors Revealed

By Brittany Caiafa



Ben & Jerry's did it again by creating another spoonful of heaven. The company announced it is coming out with four new flavors is a part of their new "core" line. It's genius decision to have fudge, cameral and raspberry running down the middle of the pint.

The new assortments include Hazed and Confused, Peanut Butter and Fudge, Salted Caramel, and That's My Jam.

Hazed and Confused is chocolate and hazelnut ice cream with fudge chips and a hazelnut fudge core.

That's My Jam is chocolate and raspberry with a raspberry core with seeds similar to actual jam.

For peanut lovers, the Peanut Butter and Fudge flavor has chocolate and peanut butter ice cream with mini peanut butter cups and a peanut butter fudge core. Last, Salted Caramel flavor is sweet cream ice cream with blonde brownies and a salted caramel core.

These flavors will be on the shelves this month. Each pint goes for \$4.39, perfect for a college student's budget.

Start Your Engines

By Kristina Konrad

In 2011 and 2013 Farmingdale State College's Ram Motor Sports club participated in the Society of Automotive Engineers (SAE) Student Baja Competition. Hoping to make the third time a charm, club members will head to Illinois in June to compete once again. With a new baja design and a new team of fully committed students, 2014 could be the year for FSC to come out on top.

The SAE competition calls for students to build their own baja, or off road go kart, as a way of simulating real world engineering and design. The SAE website states, "Teams compete against one another to have their design accepted for manufacture by a fictitious firm. Students must function as a team not only to design, build, test, promote, and race a vehicle within the limits of the rules, but also to generate financial support for their project and manage their educational priorities."

There are four major events that take place; the acceleration, hill climb, rock crawl, and maneuverability events. Then there's the student favorite, the four hour endurance race. This full racing event includes full driver changes as well as full pitstops. It is no Driving-Miss-Daisy type atmosphere; each driver must wear a full fire suit, a five-point harness seat belt with arm restraints, a full motor cross helmet. A fire extinguisher must be on board and fully accessible for the marshals overseeing the race.

When the club took the trip in 2013, the baja did not pass tech inspection, and the team was unable to compete. Now after stripping down the frame and taking all the criticism they received into account, the team feels that this model is better than ever.

"This version of the baja is lighter. The drive train is more efficient so it's more agile," said John Goode, senior president of the Ram Motor Sports club. "Plus, we're

on campus for about thirty hours plus a week constantly checking things over."

This club is a good way for engineering students to take what they learn in the classrooms and expand on it. With well known sponsors like SIM Steel, B&H Aircraft, Crestwood Metal Corporation, NCN Alby Works, and funding from FSC's SGA, it is good exposure to the real world mechanical industry.

"My favorite part of this process is getting the experience of being an actual engineer," said Wasiul Adrip, freshman club member. "I have picked up the basic anatomy of a vehicle and really learned so much."

The interesting aspect of this club is that everything is customized. Though it may be the most difficult feature, it is also the most favored.

"It's challenging to fabricate custom everything, but it's a lot of fun," said Gurparshad Parmar, freshman club member.

Goode has been a member of this club since his freshman year and has seen first hand just how important the essence of a team is for success.

"The aspect of a team is the biggest role. Atmosphere is everything. Attitude is everything. As long as everyone works together and is cool with one another the team runs smoothly," said Goode. "There is no beef among any of the team members. Everyone is on the same page and is enthusiastic about this trip. Personally, I'm looking forward to actually competing this time around and setting the stage for FSC. I want to show how important this competition is for the engineering students."

The club members will set out to Illinois on June 2. The actual competition will take place from June 4 to June 7. Everyone will return home June 9. The Ram Motor Sports club plans to put the pedal to the metal and come home finishing in at least the top 50.



Students raised money to smash a vehicle to demonstrate drunk driving awareness.

Smash Out Drunk Driving

By Michael Scanlon

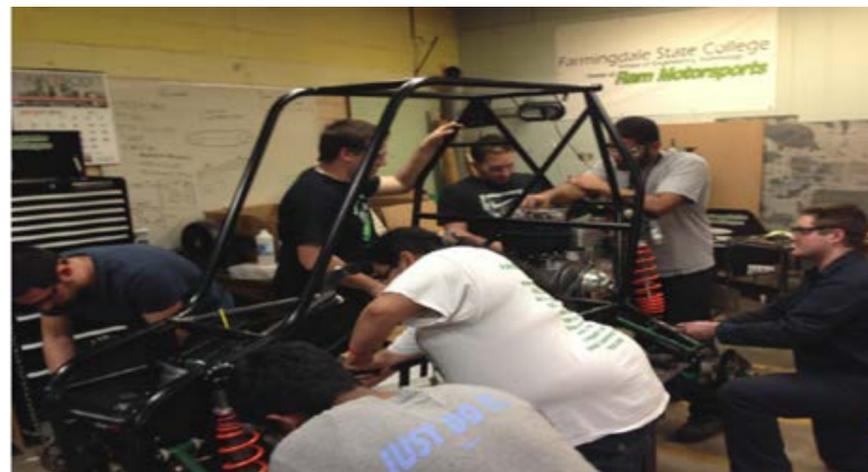
For three days in the end of April, TKE and MADD, will be teaming up to "smash out" drunk driving by providing a donated junker in which participants will be able to smash with a sledgehammer. The car was donated from the Suffolk County Sheriff's Department.

The point of this event is to demonstrate awareness against drunk driving and what happens during a crash. The donated car was placed in front of the old child care center on Monday April 28, through Wednesday April 30.

William Finnegan, the member of TKE in charge of the event said "It is for a great cause and we can make people more aware of drunk driving." Finnegan spoke enthusiastically about the event, stating that there will be a candlelight vigil held on Thursday May 1, where TKE will present a check for the amount of money earned for MADD.

TKE member Samuel Soto said "this is supposed to symbolize what happens when you drive drunk". Samuel is a dedicated member of the fraternity which have sponsored numerous charitable events such as "50 innings for Bradley".

Participating in the event myself, the experience did allow me to let off steam. TKE charged 2 dollars for 2 hits, and 3 dollars for 3 hits. The event itself was very organized, as the donated vehicle was barricaded off with steel bars, and only one person at a time would be allowed to strike the vehicle. Upon completion of the event, the car was smashed to smithereens, leaving a reminder to everyone not to drive drunk.



Ram Motor Sports Club Hard at work on their baja

Candlelight Vigil for the Homeless

By Tameka M. Boyajian

Farmingdale helped the Long Island Coalition to feed hundreds on April 8. The night started with an Easter egg hunt for the children and ended with a candlelight vigil for homelessness.

This event provided the homeless and at risk families with baby items, food, clothes, cleaning supplies and toiletries as well as information. Several of non-profit organizations participated as well. There were information booths setup to provide people with information on nearly anything from childcare to housing and placement information. There were face painting, games, and free haircuts were available.

The candlelight vigil started as a yearly event to promote homeless awareness, but soon turned into an event that now feeds and provides people with essential household items. There are strict guidelines that must be met in order to be eligible for government funding under the homelessness funding policy.

“When it comes to an event like this, we’re able to distribute essential items so that folks who are not in an emergency shelters or on the street and therefore couldn’t be considered homeless by the federal definition can still benefit and save money,” said Greta Garton of

the Long Island Coalition for the Homeless.

The participants in the Academic Student Achievement Program (ASAP), also attended the candlelight vigil to help with the Long Island Coalition for the Homeless, ASAP is a grant program at FSC that helps students adapt to college life. ASAP helps students who are first-generation, students whose parents have not completed a bachelor degree, students who are from low-income families, and students with disabilities. The ASAP program encourages FSC students to get involved in the community. They help students find a purpose in life by attending and supporting events like the candlelight vigil.

The face-painting booth was an ASAP idea and it put a smile on the faces of many including some adults. Gentlemen in the club helped people pack items they needed and assisted people to their cars. ASAP students also handed out books to the children. Learning to read at a young age is important; therefore books are one of the essential items in any household. Events like this are great because they encourage education. “All it takes to create a scholar is time, attention, intention, and love,” said Dr. Lynn B. Elfe with Academic Student Achievement Program.

“I gave a kid a book and he was so excited.

To give a kid something so simple, things that we take for granted like a book, and to see them happy just makes me feel good about giving back,” said Scott McMillan a junior at FSC. “The candlelight vigil was well worth attending. This is a great cause, supporting the Homeless,” said McMillan. The Long Island Coalition for the Homeless had a great turnout with 400 people attending.



Dr. Lynn Elfe and Renee Adams of the ASAP Program with student Scott McMillan

Equal Pay for Woman

By Tameka M. Boyajian

Equal pay doesn’t just affect woman; it also affect their families. Women make up more than 50 percent of the work force but still make less money than a man with the same job title.

The Social Science Research Institute’s Center for Social Justice held an event April 8, in the Campus Center to educate and inform FSC students of the current social issue of Equal Pay. This issue will affect all students

sooner or later, as they will soon be looking for a job after graduation.

April 8 is the day that women’s salaries would catch up to the salaries of men in 2013. It takes 98 more days for a woman to make exactly what a man made the calendar year of 2013. There is still a gender wage gap, the median annual earnings for a man is \$49,398 compared to woman at \$39,791. The average

women make about 77 percent less than a man in 2014.

Women attend college and graduate at a 27 percent higher rate than men. For every 100 men in college there are 140 women in college. Fifty percent of physicians and accounts are women and 19 percent of women are engineers. “Women are capable of getting an education and obtaining important careers but when will they receive equal pay,” said Dr. Vicki Janik Director of the Professional Communications Department. Female students at FSC are outraged at these facts.

“I received a job offer yesterday, the pay isn’t bad however, it kind of gets me up set to know that if a male was hired, he would make 77cents more which adds up very quickly,” said Damell Toussaint a Recent Criminal Justice graduate of FSC. “If we don’t voice our concerns then we’re missing out,” said Toussaint.

Dr. Miriam Deitsch Director, Center for Social Science Institute wanted to encourage students to tell five other people about the injustice of equal pay. Dr. Deitsch herself broke the glass ceiling, at FSC, when she was the first woman to be elected as Distinguished Teaching Professor. The highlight of the event was when a young man Alan Schweig, mechanical engineering student from Kappa Sigma fraternity came over and asked what can I do, what can we do to help,” said Dr. Deitsch. Schweig has signed up to take Dr. Deitsch’s class on Socail Resarch for Social Justice.

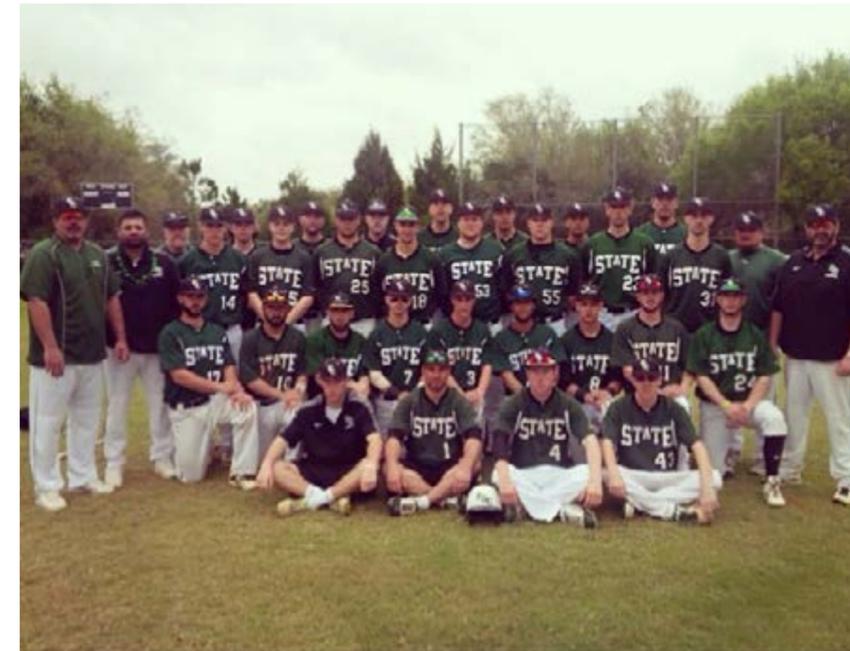


Equal Pay Day Event on April 8, with Dr. Deitsch and her committee

FARMINGDALE RAMS SPORTS

Last Swing for Seniors

By Brittany Caiafa



FSC's driving range

Golf Intramurals Grabs Attention of Golfers

By Nicholas Walker

The golf intramural program at Farmingdale state college has really taken off over the last two semester’s with the well organization and instruction of Eli Olken-Dann who runs and supervises the golf intramural program.

Olken-Dann said “I have been playing golf since I was 11 years old. The tips and techniques I display at the Intramural Golf Clinics are basically ways for beginners to get comfortable swinging a golf club. There is certainly no right or wrong way to swing, but it’s important to get everyone to buy into a few fundamental things, such as watching the ball through impact, setting up in a comfortable stance, keeping their head down and body movement still.”

These are the skills that have helped many of the intramural participant’s improve their golf game. E.J. Grunwald who has periodically attended the golf intramurals last semester said “It has showed me how different swing mechanics can help with different golfing situations on the course .Using those different mechanics furthered my knowledge of the game and how it is to be played. I have been shooting better.

Many of the golf intramurals have been held at the driving range on campus, however the program plans to start playing on a local par three course and then as the participants continue to improve their abilities try their hand on a regular 9-hole course.

Matthew Kelerchian has just recently heard about golf intramural’s and said “I saw the intramural table in the student center and asked them what sports they had. When I heard they had golf I almost jumped out of my shoes! I am excited to attend the intramurals whenever I am around I believe my game will improve because it’s just one more opportunity to learn the game and work on muscle memory even though I am an experienced golfer.

The club usually meets on Friday afternoons and you can sign up for information and emails about the club and the intramural sports program.

All good things have to come to an end. The seniors on the FSC baseball team are graduating and leaving memories and teammates behind. These past four years have been life changing for Edward Bergmann, Matthew DeRamo, Christopher Dragone, Michael Dolce, Dominick Morelli, James Powers, Daniel Paccione, Sal Sanquini, and Timmy Trimarchi.

Most of the seniors have played baseball most of their lives and college will be their last time on the diamond. Others will continue to play the sport they love. A handful of them will be turning in their gloves and bats for either graduate school or a full-time job.

Seniors Michael Dolce and Jim Powers plan on taking their careers to the next level and play at the professional level. “I have talked to a few big league scouts including the Mets and Yankees,” said Dolce. And for Jim Powers ,if he doesn’t get the opportunity to play, then he will continue to be involved with the sport he loves. “If playing doesn’t work out, I would love to become a pitching coach at the college level,” said Powers.

For some of the seniors, baseball helped them get through rough times. Dominick Morelli’s father passed away when he was only 7-years-old; baseball helped him cope with his father’s passing. “Baseball was

always there for me and was one thing I could rely on as it does to this day. Every time I take to the field I always remember my father,” said Dominick Morelli. Playing the Rams will forever be with Dom and he will never forget his experience. He will continue to share his knowledge and love of baseball. After college he hopes to become a coach.

For Edward Bergmann, the Rams became his family and the bond he has with the others players is something he won’t ever forget. Being part of the Rams helped him become who he is today.

“The bonding between the team is something special and I am more than proud of being a part of something like this. Prior to playing ball and knowing the guys, I wasn’t the most social kid around, but all my teammates , especially the guys I’ve played with four years, have helped me open up and become a better person,” said Edward Bergmann.

These teammates have shared many memories together and they will forever be Rams at heart. They have created a bond that can’t be broken and they will continue their friendships and their love for the sport. For the rest of season, they will play their hearts out and perhaps slide their way to another championship.

MOP Nicole Marzocca Leads Women's Lacrosse Team to Skyline Championship

By David Hernandez

The top ranked women's lacrosse team defeated No. 2 St. Joseph's Golden Eagles in a thriller to win the Women's Lacrosse Skyline Championship and punched a ticket to the Division III NCAA tournament. Farmingdale State won the previous matchup against St. Joe's 18-10 just ten days prior, but the importance of this game had both teams fighting till the very end.

With 13:12 remaining in the 2nd half, junior Nicole Marzocca's goal gave the Rams an 8-7 lead. Scoring points has come with ease to Marzocca, she broke the school record with 101 points in a season, during the semi-final matchup against Mount Saint Vincent. With the score alternating throughout the game, Marzocca had a sense of urgency to break the tie. "I think this week we came in a little more relaxed, which kind of is what got the score so close, but it was a hard game and we gave it all we got" said Marzocca. Her clutch goal and 2 assists proved to be vital to the team's victory.

Farmingdale State took a 2-0 lead within the first six minutes of play and seemed like they would take control early on. St. Joes answered back with a 4-0 run, to take a 4-2 lead with 17:05 left in the 1st half. Golden Eagles shocked the Rams taking a 6-5 lead into the half. Rams' Coach Erin Calkins, knew adjustments needed to be made at halftime. "Basically our attack wasn't playing well, so I just told them that they needed to step it up and do what they've been succeeding with the whole season" said Calkins. This Calkins, 6th season with Farmingdale State, 2nd as head coach. In her first season, she coached the Rams to a 15-3 record and went undefeated in the conference.

During the 2nd half Farmingdale State played aggressive on both sides of the ball, especially defense, allowing St. Joes to just 2 goals.

The Rams and Golden Eagles traded back and forth goals, 6-6, 6-7, 7-7 all within a four-minute span. After Nicole Marzocca's goal put Farmingdale State ahead, her teammate, sophomore Kimberly Pepe scored on a free position shot expanding the lead 9-7, which seemed like a comfortable lead with 8:53 left in the game.

St. Joe's went on a near 20-minute scoreless drought until they scored with just 7.6 seconds remaining, narrowing the Rams' lead 9-8. Some would normally think that it just would not be enough time to score a goal, but Calkins knew better than to celebrate prematurely. "There's always a possibility, I've seen a goal scored within six seconds of the draw. My heart was racing the entire time so it wasn't anything different. I knew the girls would relatively get the draw or fight for it at least to waste those seven seconds" said Calkins. Her team prevailed at the end, winning the Skyline Championship.

Winning the Conference Championship is each team's goal at the beginning of the season, but making the NCAA is an honor, which drives certain players. "It feels great" said Marzocca "this is what I've been waiting for three years, very exciting."

Nicole Marzocca also went on to win the Most Outstanding Player of the Skyline Conference tournament. A well-deserved honor after a record breaking season and leading the conference in assists per game (2.71), points per game (4.43) and two game winning goals. Marzocca and her teammates now await word from the NCAA to see who they will face in the first round of the NCAA tournament. An announcement will be made on Sunday, May 4 during the NCAA Selection Show.



2014 Skyline Conference Champions

Plenty of Praise for Adam Larkin

By Rebecca Strickland



Adam Larkin, a senior on the Farmingdale Golf Team, first came to Farmingdale in the fall of 2010, after he graduated from Mepham High School, in Bellmore. He wanted to pursue his career in business management and to be on the golf team as well. When he played golf in high school, he was voted Most Valuable Player five times.

Larkin's career keeps skyrocket. "He is a four year player at Farmingdale State and by far the best player on our team," said Ryan Williams, Sports Information Assistant and Assistance Golf Coach.

During his freshman year, Larkin was named Skyline Conference Player of the year and First Team All-Conference. In his Sophomore year, he was named First Team All-Conference. Last year, during his junior year, he was named First Team All-Region, Skyline Conference Player of the Year, First Team All-Conference and All-Farmingdale State Team. As for his senior year, he has been awarded Skyline Conference Player of the Year and First Team All-Conference.

"Adam is the team leader on and off the course and has an inviting personality that people gravitate towards. I see Adam becoming a golf teaching pro after graduation and continuing to be one of the best players in the New York area for years to come," said Tom Azzara, head golf coach.

"Golf is a great experience with the traveling and friends made. We practice regularly rain or shine, even in hurricane winds. I'm looking forward to graduation in May as well as nationals and to see what lies ahead for me. This was a good stepping stone for my future of golf," said Larkin.

Final Curtain Call for Captain

By Daniel Sheehan

On May 17, 1998, a hero was born. This was the day Yankees pitcher David Wells threw a perfect game against the Minnesota Twins. This was also the day I went to one of my grandpa's barbecues. Together, my family watched Wells mow down hitter after hitter. But that wasn't what I cared about. As a 6 year old, I didn't realize the great impact of what I was watching. But maybe I was the smart one after all, because I became fixated on the cool player, the one making every play with ease, the one wearing number 2 on his back. That guy's name was Derek Jeter. Instantly, number 2 became number 1 in my heart. In New York, there are millions of young adults with similar stories who grew up alongside Jeter's career.

Two seasons later, I watched as Jeter capped a historic season with a World Series MVP, a season in which he had already won the All Star Game MVP, making him the only player to win both awards in the same season. He also won his 4th World Series ring, in only his 5th season. Of course by then, Jeter had endeared himself into the hearts of many.

Jeter has been the Captain of the Yankees since 2003, only the eleventh player to be

tagged with that honor. He is most remembered for his clutch accomplishments, such as his flip play in the 2001 American League Division Series versus the Oakland Athletics, or his Mr. November home run against the Arizona Diamondbacks in the 2001 World Series. Lets not fail to mention his dive into the stands against the Boston Red Sox, prompting a standing ovation from both Yankee and Met fans at Shea Stadium the next night in the Subway Series.

Throughout his career, Jeter has remained unblemished, exuding nothing but success and class. His off-the-field performance has been just as extraordinary. Playing in the biggest city, under the brightest spotlights, Jeter has always said and done the right things off the field. He has handled the pressures of being the captain of the most popular team in all sports with grace and ease. In an age where it is almost impossible to get away with anything off the field, Jeter's record remains spotless.

Having been drafted the year of my birthday, Jeter's career spans exactly the length of my lifetime. The reality of seeing a Yankee game without Jeter will be difficult. This generation has known nothing else. For an entire generation of Yankee fans, number 2 will always be number 1 in our hearts.



United States Forward, Landon Donovan

U.S. Hoping for Historic Run During World Cup

By David Hernandez

With the much anticipated 2014 World Cup in Brazil just a few months away, fans around the world are fired up to see their teams on the grandest stage. Unfortunately for the Americans, they have been placed in the group of death with Germany, Portugal and Ghana. All ranked within the top 23 teams in the world, making the United States' journey through the World Cup that much more difficult. After making it to round 16 in South Africa in 2010, the U.S. hopes to make a deeper run this time around.

In the group stages, the United States will have their hands full with some of the elite competition in the world. Germany finished third in the 2010 World Cup in South Africa and is currently ranked as the number 2 team in the world. Portugal, led by Real Madrid star Cristiano Ronaldo, is out to prove that he is what it takes to help move his team to the later stages in the tournament. Ghana, one of the top teams in Africa, has eliminated the U.S. from the previous two World Cups and will attempt to do so again to advance to round 16. Without a doubt, this is the toughest group to compete in, but if the U.S. can make it out of their group, it will speak volumes about how far they've come in international play.

There is room for optimism for the red, white and blue. In 2013, they went on a 12-game winning streak, which included an undefeated run in the CONCACAF Gold Cup tournament. In a World Cup qualifier match last September, they defeated their arch rivals Mexico, to clinch their seventh straight World Cup appearance. During the previous World Cup, in South Africa, they won their group, a first since 1930. Behind the leadership of coach Jurgen Klinsmann, who won the World Cup in 1990 as a player for West Germany, and captain Landon Donovan, making his 4th World Cup, don't be surprised if the United States makes it out of the first round despite being an underdog in the their group.



Derek Jeter, Yankee Legend, retiring at the end of this season