Tobacco Free Policy in Effect

By Tameka Boyajian

The smoking ban is in fact real. The tobacco free policy took effect in April 2013. It has been in effect for a year now and most students aren’t aware of this policy.

The college tobacco-free policy guidelines say no smoking is permitted in school buildings, including residence halls, or within 25 feet of building perimeters, at campus events, and along pedestrian walkways. E-cigarettes, chewing tobacco, and other tobacco products are also included in the ban. These guidelines were set by SUNY Chancellor Nancy L. Zimpher.

The goal of the smoking ban is to provide SUNY students with a healthy and more eco-friendly environment. There are signs at the entrances of most buildings on campus that read, “No smoking within 25 feet of the building entrance.” However, there are still people smoking in the non-smoking areas.

“This is an autonomy debt. You should have your own right to like what you want and to do what you want,” said Vinny Giorlando, a sophomore in the nursing program. Students admit that they will continue to smoke regardless of the tobacco-free policy.

Some of the non-smoking students actually have empathy for the smoking students. “I think that smoking should be regulated and just be allowed in specific locations for smokers to enjoy,” said Jon Guzman, a non-smoking junior in Professional Communications.

Students need to beware of the tobacco-free policy and their rights as SUNY students. “The voice of the student is the most important one,” said Audrey Krapf, Director of the Health & Wellness Center. “What we need to focus on is changing the culture on campus to one that is mutually respectful for both smokers and non-smokers, while emphasizing the effects of second-hand smoke on non-smokers and the environment.”

The Health and Wellness Center offers a variety of different preventive and other helpful methods. Currently, there are self-help smoking cessation kits available, as well as emergency kits from the American Institute of Preventive Medicine. There is also a six-week smoking-cessation program provided by the Suffolk County Department of Health, “Learn to be Tobacco-Free,” beginning in the fall semester 2014.

In 1946, Senator J. William Fulbright founded the Fulbright Program. Today, 68 years later, the program stands as one of the most prestigious, and it distributes limited and highly desired awards to eligible individuals. Farmingdale State College ranks as the top SUNY school, having the greatest number of students selected for the Fulbright award.

The Fulbright Program is administered by the United States Department of State Bureau of Educational and Cultural Affairs. The program strives to support friendly relations between the United States and other countries by sending select scholars to study abroad. Himmler Joachim, a Professional Communications graduate from Farmingdale State College and a 2013 Fulbright Award recipient, said, “Being chosen to participate in the Fulbright program is one of the best things that ever happened to me. My only issue is that it’s already been six months since I’ve been in Thailand. Time is going too fast!” Joachim is teaching English in Thailand.

Most of the funding for the Fulbright program is derived from the United States government, while governments of several foreign countries, individual donors, and other organizations also contribute. “To have a chance to go and study in another country, I think, is a fantastic experience,” said Dr. Kalemaris, professor of mathematics at Farmingdale. Fulbright scholarships are decided based on intelligence, and creativity, and are awarded to individuals who want to share their ideas, culture, and knowledge with others.

Continue on p 2
The student-run Backstage Theatre Company presented the first production of the controversial musical, “The Rocky Horror Show.” The musical, presented in the Little Theater in Roosevelt Hall, the packed audience was full of student who where engaged through the entire play.

“The Rocky Horror Show” tells the story of Janet and Brad, an engaged couple whose car breaks down during a storm, and they find themselves forced to look for help in a nearby home where they are assisted by Frank, a mad transvestite scientist, who introduces them to his partner, Rocky Horror, a muscular, well-toned man.

The musical, written by actor Richard O’Brien, and now in its 41st year, was first presented in 1973. Its sensual and provocative production, along with the foul language that characterizes it, make “The Rocky Horror Show,” a one of a kind experience.

The Rocky Horror, a one of a kind experience. Sophomore Robin Urz, who attended the show, described it as excellent. “Do not doubt for one second whether or not you should go see it, and just go! It was really good,” said Urz.

Mike Madrigal, who plays Rocky Horror, expects the musical to deliver a message of acceptance and inclusion toward other people. “They look at these transgenders that are referred to as ‘aliens’ as being different from people. [by] showing how closed-minded society as can be. They compare someone who does not fall in the norms of society as different, so much so that they are alienated from being called people too,” said Madrigal.

Continued Fullbright from p 1

Each year, approximately 8,000 grants are awarded. Of these awards, 1,600 are granted to United States students, 4,000 to foreign students, 1,200 to United States scholars, and 900 to visiting scholars. Awards can be granted in United States and foreign students, teachers, artists, professionals, and scientists.

“Having graduated from a college that has such a high number of Fullbright scholars makes me hopeful that one day, I too, can be a Fullbright scholar and future leader,” said Karl Nordenschild, a Farmingdale graduate from the class of 2013.

For more information on the Fulbright Program at Farmingdale State College, contact Fulbright Program Advisor Dr. Beverly Kahn at (631) 420-2396 or email her at Beverly.Kahn@farmingdale.edu. The program runs on an annual basis.

Guest speaker, Dr. Michael Kimmel also stressed the importance of motivating students to join organizations on campus such as the sociology, anthropology, and LGBT clubs, as well as the women’s student union. “The infrastructure is there, we are just in need of committed students who want to engage in creating safe spaces on campus for the discussion of topics of mutual interest.”

By Tasmy Gomez

By Tasmy Gomez

By Sephona Urz

By Sephona Urz

By Tasmy Gomez

By Tasmy Gomez
Students think the hard part is over after enrolling in college and that careers will just come pouring in after those four years. However, approximately a third of Americans between the ages of 25 to 29 now hold bachelor’s degrees, according to the National Center for Education Statistics – the highest percentage that any generation can claim. So what sets the Farmingdale graduate apart from dozens of other applicants also vying for that position?

Breanna Delaney, who graduated from Farmingdale last year, recently started working at a job she loves. “The person who interviewed me said that I had a bachelor’s and said it was one-up on other people,” Delaney said. “But I think the fact that I didn’t work in an office before looked bad. Not having any experience was seen as a negative. A typical conundrum: how can someone get experience if no one hires people without experience?”

Making a resume stand out among other graduates applying for that dream job is essential, especially if it doesn’t include any prior experience to the field. Highlighting other skills will make an applicant memorable to employers. Don’t have a lot of time after studying for that test? Here are some ways to boost resumes that take fewer than 24 hours of the day.

“I think the fact that I didn’t work in an office before looked bad. Not having any experience wasn’t good for me.”

Volunteer

Although she didn’t have a lot of work experience, Delaney found that volunteering was a talker in her interview. “He brought up my volunteering experience first. I talked about my work for animals and environmental issues,” she said. Volunteer opportunities indicate that people care about the world around them and that they will go above and beyond what they need to do for the company. Recent Farmingdale dental hygiene alum Allisson Moskowitz also found that this helped her job search. “They talked about my volunteer work,” she said. “I did animal rescue, I did health presentations.” This helped Allisson add practical experience to her dental hygiene degree, while still being fun. Volunteering can take only a few hours every week, and it will not only look good to employers, it will be a rewarding addition to any routine.

Certificates and Achievements

A strong GPA will show the hard work that a student did in class, but having accomplishments outside of class will show that he or she can achieve merits without having to be told. Here are some practical certifications that will not be a busy schedule.

-"An employer looks at the first ten lines of a resume. If they think it’s a good match from those ten lines, they will read further. Think about special skills you can bring to that decision."

Hobbies

What do you do in your free time? Although people may think that this doesn’t apply to work setting, many times someone’s hobbies has set him or her apart from other applicants. Knowing that a person is productive and creative outside the office can show that will bring dedication and originality to the job.

-"Pick out keywords from the advertisement and use them in the resume and cover letter. Scanners will pull out resumes with the most keywords. Even if it’s not a computer, you can show that you can type or bake. These classes take only a few hours and, although they are a time and money investment, they will give them a starting point that can lead to a fulfilling hobby."

Make an Appointment at the Career Center

The quickest way to boost a resume is to use the many services that Farmingdale offers its students. An hour appointment at the Career Center will help format a resume so that employers will notice it.

-"Large companies will scan resumes electronically,” said Dolores Ciaccio, the Director of Career Services. She advises, “Pick out keywords from the advertisement and use them in the resume and cover letter. Scanners will pull out resumes with the most keywords. Even if it’s not a computer, you can show that you can type or bake. These classes take only a few hours and, although they are a time and money investment, they will give them a starting point that can lead to a fulfilling hobby."

Local libraries also have plenty of clubs and activities available. The Farmingdale public library hosts creative writing, poetry, and introductory drawing classes, as well as a book club.

-"You always want to include a summary of qualifications at the top of your resume,” said Ciaccio. “It can contain up to six items telling something special about you. An employer looks at the first ten lines of a resume. If they think it’s a good match from those ten lines, they will read it further. Think about special skills you can bring to that decision.”

Justice Served

A racist slur was scribbled on the men’s bathroom door located in Whitman Hall, in April. Students need to understand the unacceptability one phrase can cause. The slur, though too obscene to state, included negativity towards African Americans, using a derogatory term accompanied by a Swastika. It is interesting to understand that racism still exists despite other races having overcome such hardships since the 1960s. Unfortunately, racists thoughts are among the student body today. I interviewed a fellow classmate named Robert who discovered the graffiti.

“When I encountered the statement on the men’s bathroom, I was shocked and disappointed. I would think in this day and age, people would get past the stereotypes of African Americans,” said Robert. “I came to this college to further my education, not to be bothered by a message that I don’t blame the college in any way. The college is great, and I love the professors and students. Amazing teaching goes on here. This generation should be more sympathetic towards racist remark.”

Robert is a good student who is currently engaged to another student attending Farmingdale as well. He said he now feels unsafe and has fear for his future and himself. “I am engaged to an Italian girl who attends this school and we meet every day for lunch. Now I feel I have to be very careful and not eat with her.”

This is troublesome in the world itself, or, even more important, finding the student responsible for the racist slur. Fortunately for students like Robert, justice does prevail.

April 25, Kathy Coley forwarded an email from Chief Michaelson of the Farmingdale State College Campus Police Department: “An employer looks at the first ten lines of a resume. If they think it’s a good match from those ten lines, they will read further. Think about special skills you can bring to that decision.”

Rambassador Program

Farmingdale College is now looking for applicants to be a part of the Rambassadors. Rambassadors are members of an established student internship program where all majors are encouraged to apply. The internship is run by the Office for Institutional Advancement and Enrollment Services in marketing and recruitment of FSC. With approved, students are able to receive school credit for compensation.

The Rambassadors assist in promoting Farmingdale State College to possible future students and their parents. Rambassadors will not only participate in special events for recruitment such as, FSC’s Fall and Spring Open House programs, but will also be representing Farmingdale by giving campus tours to future students. Along with that, Farmingdale advertises Farmingdale College through social media and blogs. “Students will have the chance to contribute ideas and have a voice in the future of Farmingdale,” said Amy Michilin, coordinator.

Students are able to apply online for a position on the Farmingdale website. “After we conduct an interview, the panel of advisors comes to a decision. We normally let the students know within a day or two after the interview,” said Michilin.

“Being a Rambassador sounds like a cool program. It’s difficult to find an internship so it’s definitely something I’d look into,” said Justin Ciaucio, student.

Once accepted, it is necessary to maintain at least a 2.5 grade point average. “It think it’s important for students to maintain at least a 2.5 to get an internship,” said Taylor Kami, student.

Rambassadors is a great opportunity to gain experience in marketing as well as a great addition to a resume. “Current student Rambassadors have already had occasions to network with alumni and business leaders, learn from professionals in Admissions and Institutional Advancement including Vice President Patrick Calabria. They have even meet with the President to share their thoughts and ideas,” said Michilin.

Get your Caps & Gowns... It’s Almost Time to Graduate!

By Rebecca Strickland

Saturday, May 17, is just around the corner. Students are taking their final steps before they pick up their graduation. With some weeks left in the month, many things lot seniors must do before they put on their gowns.

All seniors must fill out an intent to graduate and bring it to the registrar’s office to make sure they have fulfilled all their credits needed for their major. Once student’s are approved, they can order their cap and gown from the bookstore, located on campus.

To remember your milestone in life, professional photographers will be on campus both to take cap and gown, professional, and candid photos. Through social media and order photos for memories as well.

*Congratulations Class of 2014*
Looking for a diverse group of friends? A space where you can socialize and meet new people?

Join the new LGBT Club on campus!!!
For more information contact: lgbtfscc@gmail.com

Ramfest Ready to Roll for its Second Year

By Alexa Toyas
Ramfest, a collaboration between 10 of the clubs at FSC, is taking place on May 2 from 4 - 9 p.m. As the second annual event, the committee chairmen, Kimm Morello and Wendy Velasquez hope that this year’s Ramfest will be even bigger and more impressive than last year. Out on the lawn next to Orchard Hall, students will be able to attend and enjoy the festivities right before finals week.

“We’re trying to get as many clubs as possible to participate,” said Wendy Velasquez.

“It brings school spirit.” Velasquez and Morello have observed a collective effort. We’re hoping it can bring the whole campus together,” said Morello. As President of the Backstage Theatre Company, Morello is also looking for ways in which she can involve the theatre in Ramfest.

“Incorporation of more activities due to their increased budget from last year. This year the committee was able to incorporate more activities due to the increased budget from last year. We’re trying to get as many clubs as possible to participate,” said Wendy Velasquez. “We meet every week to plan it out. It’s been a collective effort. We’re hoping it can bring the whole campus together,” said Morello. As President of the Backstage Theatre Company, Morello is also looking for ways in which she can involve the theatre in Ramfest.

“We’re trying to get as many clubs as possible to participate,” said Wendy Velasquez. “We meet every week to plan it out. It’s been a collective effort. We’re hoping it can bring the whole campus together,” said Morello. As President of the Backstage Theatre Company, Morello is also looking for ways in which she can involve the theatre in Ramfest.

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Get Up, and Get, and Get Active!

By Michael Scanlon

There is something to be said for Farmingdale State College’s new intramural league program. Over the past few years, the college has been able to get students involved in recreational activities that take place on the campus at various times. Thanks to campus recreation, there is absolutely no excuse for students to be bored.

There are numerous activities which require a total of fewer to sign up for or even sign up at all. Students may get together and sign up with friends or sign up solo. According to various sources, students who sign up for intramural and recreational activities say it was one of the best experiences they’ve had at the school.

Intramural leagues are a great way to socialize with people while working toward achieving a common goal. They are a great way to show teamwork and encouragement can go a long way with people while working toward achieving a common goal. They are a great way to show teamwork and encouragement can go a long way.

The intramural basketball season lasts four weeks with an extra week for playoff, allowing each team to play at least five games. “Students are always looking for a way to stay active and intramurals allows students to continue to play the sports they like,” said Olken-Dan.

He agrees that Farmingdale College has been very supportive of the program, which has no additional costs to pay. The mandatory student activity fee finances intramural sports. This program also employs about 25 work-study students who officiate.

Basketball Intramurals Reaches Regionals

By Numa Okahtlan

Cup of Noodles, an intramural basketball team at Farmingdale State College, beat their competitors, the 4 Gunnar, during semi-final week in HOld Hall. This win sent them to compete at the University of Massachusetts from March 21-23, 2014, for the Northeast Regionals with their coordinator, Eli Olken- Dan.

In the first game against Iona College on Friday night, the Cup of Noodles lost by 15 points, but played hard. Lawrence Barwell led the team in scoring. On Saturday afternoon, the Cup of Noodles lost to Rutgers 61-59. Cup of Noodles was down by 8 points with just a few minutes to go, before tying the game 59-59 with 15 seconds. In a three pointer by Lawrence Barwell, Rutgers scored the winning lay-up with 3 seconds left to make the final score 61-59. In the final week of the tournament Cup Of Noodles lost to the St. John's University Club basketball team.

"It has been a very good year so far,” said Olken-Dan, coordinator of campus recreation. These flavors will be on the shelves this month. Each pint goes for $4.39, perfect for a college student’s budget.

Delicious New Flavors Revealed

By Brittany Cieaba

For peanut lovers, the Peanut Butter and Fluff flavor is sweet cream ice cream with blonde peanut butter fudge core. Last, Salted Caramel With a raspberry core with seeds similar to hazelnut fudge core. That’s My Jam is chocolate and raspberry running down the middle of the pint. The new assortments include Hazed and Confused, Peanut Butter and Fudge, Salted Caramel, and That’s My Jam. Hazed and Confused is chocolate and hazelnut ice cream with fudge chips and a hazelnut fudge core. This version of the baju is lighter. The dense flavor is more efficient so it’s more agile,” said John Goode, senior president of the Ram Motor Sports club. “Plus, we’re on campus for about thirty hours plus a week constantly checking things over.”

This club is a good way for engineering students to take what they learn in the classrooms and expand on it. With well known sponsors like SIM Steel, B&K Aircraft, Crestwood Metal Corporation, NCMA Alumni Works, and funding from FSC’s SGA, it is good exposure to the real world mechanical business.

“My favorite part of this process is getting the experience of being an actual engineer,” said Wasiul Adrip, freshman club member. “I have picked up the basic anatomy of a vehicle and really learned so much.”

The interesting aspect of this club is that everything is customized. Though it may be the most difficult feature, it is also the most favorable.

“It's challenging to fabricate custom everything, but it's a lot of fun,” said Sooodaroo Payman, freshman club member.

Goode has been a member of this club since his freshman year and has seen first hand just how important the essence of a team is for success.

“The aspect of a team is the biggest role. Atmosphere is everything. Attitude is everything. As long as everyone works together and is cool with one another the team runs smoothly,” said Goode. “There's no beef among any of the team members. A fire extinguisher is on the same page and is enthusiastic about this trip. Personally, I'm looking forward to actually competing this time around and setting the stage for range. I want to show how important this competition is for the engineering students.”

The club members will set out to Illinois on June 2. The actual competition will take place from June 4 to June 8. Everyone will return home June 9.

Ben & Jerry's did it again by creating another splendid of heaven. The company announced it is coming out with four new flavors is a part of their new “core” line. It’s getting ready to have fudge, cameral and raspberry running down the middle of the pint. The new assortments include Hazed and Confused, Peanut Butter and Fudge, Salted Caramel, and That’s My Jam. Hazed and Confused is chocolate and hazelnut ice cream with fudge chips and a hazelnut fudge core. This version of the baju is lighter. The dense flavor is more efficient so it’s more agile,” said John Goode, senior president of the Ram Motor Sports club. “Plus, we’re

Start Your Engines

By Kristina Konrad

In 2011 and 2013 Farmingdale State College’s Ram Motor Sports club participated in the Society of Automotive Engineers (SAE) Student Baja Competition. Hoping to make the third time a charm, club members will head to Illinois in June to compete once again. With a new baja design and a new team of fully committed students, 2014 could be the year for FSC to come out on top.

The SAE competition calls for students to build their own baja off road go kart, as a way of simulating real world engineering and design. The SAE website states, “Teams compete against one another to have their design accepted for manufacture by a fictitious firm. Students must function as a team not only to design, build, test, promote, and race a vehicle within the limits of the rules, but also to generate financial support for their project and manage their educational priorities.”

There are four major events that take place; the acceleration, hill climb, rock crawl, and maneuverability events. Then there’s the student’s favorite, the four hour endurance race. This full day includes full driver changes as well as full pit stops. It’s a Rolling-Dice-Miss-Ty type atmosphere; each driver must wear a full fire suit, a five-point harness seat belt with arm restraints, a full roll over cross helmet. A fire extinguisher must be on board and fully accessible for the marshals overseeing the race.

When the club took the trip in 2013, the baju did not pass tech inspection, and the team was unable to compete. Now after stripping down the frame and taking all the criticism they received into account, the team feels that this year will be different and not make the same mistakes.

“This version of the baju is the lightest. The dense flavor is more efficient so it’s more agile,” said John Goode, senior president of the Ram Motor Sports club. “Plus, we’re

Smash Out Drunk Driving

By Michael Scanlon

For those in the end of April, TKE and MADD, will be teaming up to “smash out” drunk driving by providing a donated junior in which participants will be able to smoke with a sledgehhammer. The car was donated from the Suffolk County Sheriff’s Department.

The point of this event is to demonstrate awareness against drunk driving and what happens during a crash. The donated car was placed in front of the old child care center on Monday April 28, through Wednesday April 30.

William Finnegan, the member of TKE in charge of the event said “It is for a great cause and we can make people more aware of drunk driving.” Finnegan spoke enthusiastically about the event, stating that there will be a candlelight vigil held on Thursday May 1, where TKE will present a check for the amount of money earned for MADD.

TKE member Samuel Soto said “This is supposed to symbolize what happens when you drive drunk”. Samuel is a dedicated member of TKE, the fraternity which have sponsored numerous charitable events such as “50 minutes for Bradley.”

Participating in the event myself, the experience did allow me to let off steam. TKE charged 2 dollars for 2 bits, and 3 dollars for 3 bits. The event itself was very organized, as the donated vehicle was barricaded off with steel bars, and only one person at a time would be allowed to strike the vehicle. Upon completion of the event, the car was smashed to smithereens, leaving a reminder to everyone not to drive drunk.

Ram Motor Sports Club Hand at work on their baju

Corti, Vice President for Student Affairs said, “They’ve shown nationally that students who participate in campus activities and intramural sports are more satisfied with their collegiate experience.”

Brandon Williams, a junior referee and co-captain of Cup of Noodles, said, “Intramurals has been a big hit this year. This is the most students that I’ve seen on campus in my last three years.”

The 2013-2014 school year introduced intramural basketball, as well as soccer, indoor soccer, frisbee, ultimate frisbee, flag football, and dodge ball, bringing out approximately 400 participating students. Intramural basketball has approximately 60-70 students making up four student-made teams, and two free-agent teams, which allows students who weren't able to create teams on their own an opportunity to participate.
Equal Pay for Woman

By Tameka M. Boyajian

Equal pay doesn’t just affect woman; it also affect their families. Women make up more than 50 percent of the workforce but still make a lot less than men with the same job title. The Social Science Research Institute’s Center for Social Justice held an event called Equal Pay Day on April 8, in the Campus Center to educate and inform FSC students of the current social issue of Equal Pay. This issue will affect all students sooner or later, as they will soon be looking for a job after graduation. April 8 is the day that women’s salaries were equal to men’s salaries for the first time in 2013. It takes 98 more days for a woman to make exactly what a man made the calendar year before. There is still a gender wage gap, the median annual earnings for a man is $49,398 compared to women at $39,791. The average women make about 77 percent less than a man in 2014. Women attend college and graduate at a 27 percent higher rate than men. For every 100 men in college there are 140 women in college. Fifty percent of physicians and accounts are women and 19 percent of women are engineers. “Women are capable of getting an education and obtaining important careers but when will the pay be equal,” said Dr. Vicki Janek, Director of the Professional Communications Department. Female students at FSC are outraged at these facts. “I received a job offer yesterday, the pay isn’t bad however, it kind of gets me upset to know that if a male was hired, he would make 77 cents more which adds up very quickly,” said Darnell Toussaint, a current Criminal Justice graduate student of FSC. “If we don’t voice our concerns then we’re missing out,” said Toussaint.

Dr. Miriam Deitsch, Director, Center for Social Science Research Institute wanted to encourage students to tell five other people about the injustice of equal pay. Dr. Deitsch herself broke the glass ceiling, at FSC, when she was the first woman to be elected as Distinguished Teaching Professor. The highlight of the event was when a young man Alan Schweig, mechanical engineering student from Kappa Sigma fraternity came over and asked what can I do, what can we do to help,” said Dr. Deitsch. Schweig has signed up to take Dr. Deitsch’s class on Social Research for Social Justice.

To give a kid something so simple, that they can take for granted like a book, and to see them happy just makes me feel good about giving back,” said Scott McMillan a junior at FSC. “The candlelight vigil was well worth attending. This is a great cause, supporting the Homeless,” said McMillan. The Long Island Coalition for the Homeless had a great turnout with 400 people attending.

Candlelight Vigil for the Homeless

By Tameka M. Boyajian

Farmingdale helped the Long Island Coalition for the Homeless to feed hungry people on April 8. The night started with an Easter egg hunt for the children and ended with a candlelight vigil for homelessness.

This event provided the homeless and at risk families with baby items, food, clothes, cleaning supplies and toiletries as well as information. Several of non-profit organizations participated as well. There were information booths setup to provide people with information on nearly anything from childcare to housing and placement information. There were face painting, games, and free haircuts were available.

The candlelight vigil started as a yearly event to promote homeless awareness, but soon turned into an event that now feeds and provides people with essential household items. There are strict guidelines that must be met in order to be eligible for government funding under the homelessness funding policy.

“When it comes to an event like this, we’re able to distribute essential items so that folks who are not in an emergency shelters or on the street and therefore couldn’t be considered homeless by the federal definition can still benefit and save money,” said Greta Garton of ASAP.

The face-painting booth was an ASAP idea and it put a smile on the faces of many including some adults. Gentlemen in the club helped people pick items they needed and assisted people to their cars. ASAP students also handed out books to the children. Learning to read at a young age is important; therefore books are one of the essential items in any household. Events like this are great because they encourage education. “All it takes to create a scholar is time, attention, intention, and a rush of enthusiasm,” Dr. Lynn Ellis and Renee Adams of the ASAP Program with student Scott McMillan.

FARMINGDALE RAMS SPORTS

Last Swing for Seniors

By Brittany Calagia

The golf intramural program at Farmingdale State College has really taken off over the last two semesters with the well organization and instruction of Eli Oklen- Dann who runs and supervises the golf intramural program.

Oklen-Dann said “I have been playing golf since I was 11 years old. The tips and techniques I display at the Intramural Golf Clinic could really help for beginners to get comfortable swinging a golf club. There is certainly no right or wrong way to swing, but it’s important to get everyone to buy into a few fundamental things, such as watching the ball through impact, setting up in a comfortable stance, keeping their head down and body movement still.”

These are the skills that have helped many of the intramural participant’s improve their golf game. E.I Oklen-Dann who has periodically attended the golf intramurals this semester said “It has showed me how different swing mechanics can help with different golfing situations on the course, and that constant mechanisms furthered my knowledge of the game and how it is to be played. I have been shooting better.”

Many of the golf intramurals have been held at the driving range on campus, however the program plans to start playing on a local par three course and then as the participants continue to improve their abilities try their hand on a regular 9-hole course.

Matthew Kehrlich has just recently heard about golf intramurals and said “I saw the intramural table in the student center and asked them what it was about. When I heard they had golf I almost jumped out of my shoes! I’m excited to attend the intramurals whenever I am around I believe my game will improve it’s just one more thing to get them involved in different things. I always take work on muscle memory even though I am an experienced golfer.”

The club usually meets on Friday afternoons and you can sign up for information and emails about the club and the intramural sports program.
The top ranked women’s lacrosse team defeated No. 2 St. Joseph’s Golden Eagles in a thrilling match to win the Women’s Lacrosse Skyline Championship and punch a ticket to the Division III NCAA tournament. Farmingdale State won the previous matchup against St. Joe’s 18-10 just ten days prior, but the importance of this game was both teams fighting till the very end.

With 13:12 remaining in the 2nd half, junior Nicole Marzocca gave the Rams an 8-7 lead. Scoring points has come with ease for Marzocca, she broke the school record with 101 points in a season, during the semi-final matchup against Mount Saint Vincent. The Rams and Golden Eagles traded back and forth goals, 6-6, 6-7, 7-7 all within a four-minute span. After Nicole Marzocca’s goal put Farmingdale State ahead, her teammate, sophomore Kimberly Pepe scored on a free position shot expanding the lead 9-7, which seemed like a comfortable lead until the scoreboard read 9-9.

St. Joe’s went on a near 20-minute scoreless drought until they scored with just 7.6 seconds remaining, narrowing the Rams’ lead 9-8. Some would normally think that just wasn’t enough time to score a goal, but Calkins knew better than to celebrate prematurely. “There’s always a possibility, I’ve seen a goal scored within six seconds of the draw. My heart was racing the entire time so it wasn’t anything different. I knew the girls would relatively get the draw or fight for it at least to waste those seven seconds” said Calkins. Her team prevailed at the end, winning the Skyline Championship.

Winning the Conference Championship is each team’s goal at the beginning of the season, but making the NCAA is an honor, which drives certain players. “It feels great” said Marzocca “this is what I’ve been waiting for three years, very exciting.”

Nicole Marzocca also went on to win the Most Outstanding Player of the Skyline Conference tournament. A well-deserved honor after a record breaking season and leading the conference in assists per game (2.71), points per game (4.41) and two game winning goals. Marzocca and her teammates now await word from the NCAA to see who they will face in the first round of the NCAA tournament. An announcement will be made on Monday, May 4 during the NCAA Selection Show.

Adam Larkin, a senior on the Farmingdale Golf Team, first came to Farmingdale in the fall of 2010, after he graduated from Mepham High School, in Bellmore. He wanted to pursue his career in business management and to be on the golf team as well. When he played golf in high school, he was voted Most Valuable Player five times.

Larkin’s career keeps skyrocket. “He is a four year player at Farmingdale State and by far the best player on our team,” said Ryan Williams, Sports Information Assistant and Assistant Golf Coach.

During his freshman year, Larkin was named Skyline Conference Player of the year and First Team All-Conference. In his Sophomore year, he was named First Team All-Conference. Last year, during his junior year, he was named First Team All-Region, Skyline Conference Player of the Year, First Team All-Conference and All-Farmingdale State Team. As for his senior year, he has been awarded Skyline Conference Player of the Year and First Team All-Conference.

“Adam is the team leader on and off the course and has an inviting personality that people gravitate towards. I see Adam becoming a golf pro after graduation and continuing to be one of the best players in the New York area for years to come,” said Ted Lucca, head golf coach.

“Golf is a great experience with the traveling and friends made. We practice regularly rain or shine, even in hurricane winds. I’m looking forward to graduation in May as well as nationals and to see what lies ahead for me. This was a good stepping Most Valuable Player five times.

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