Starting in the Fall, 2013 semester, the administration will be implementing a new schedule grid. This was confirmed by Kathy Coley.

One of the changes is the interval of time between class grids. Instead of 15 minutes between classes, there will only be a 10 minute interval. However, this will not change the amount of time for class. Classes will still meet for 75 minutes. Also, the day of classes will still begin at 8 a.m. and end at 10 p.m.

The 60-year-old woman was last seen by the owner of her home on West Drive North in Massapequa at about 11 a.m. on January 6. She was reported missing by her sister on January 12.

Luetje was found wearing only a scarf, hat, and gloves. Her jacket was lying nearby on the ground.

Her sister, Lorraine Hauser of Ronkonkoma, said that she knew something was wrong because Luetje did not attend a birthday celebration on January 6 and did not go to work the following day.

“There will be more classes scheduled on Fridays, especially laboratory sections and the third meeting day of certain four-credit courses that meet three days per week,” said, Nassau County Police Homicide Commander Det. Azzata.
Farmingdale Goes Mobile

By Andrea Osorio

Farmingdale State College is adding a number of enhancements to its website. Students, faculty, staff, alumni, and visitors will now be able to access the Farmingdale website on their mobile device.

Whether you have an Android, iPhone, or Blackberry, you now will be able to search campus phone numbers, navigate around campus, see upcoming events and news, and much more.

This is a huge technology upgrade for the campus because now everyone will be “connected” to the campus 24 hours a day whether you live on campus or commute.

The changes are also occurring due to the increased enrollment at the college. With the increase in the student population, which is now 8,000, the college has needed to increase the amount of classes being offered. These changes help do that.

“I think it is a necessity, because we need more classroom spaces,” said Dr. Marcia Littenberg, English professor. The changes may be difficult to get used to. More drastic changes were proposed, but it was decided to make as little changes as possible.

Jennifer Schwartz, a student of the Professional Communications department, said the changes will not affect her as much. “Even though I accept what class I am given, I ideally have Fridays off so I can work.” However, Schwartz also said that if she does have class on Friday’s she can shift her work schedule to accommodate those classes.

“I think it’s great for the school to receive more and more students every year,” said Schwartz. “The student center and the amount of students here make it feel like a college now and not just some place I commute to and from. I like that this school is growing. It’s a great positive for the school.”

The Rampage is a newspaper by and for the students of Farmingdale State College © 2013. Admissions to Farmingdale State College - State University of New York is based on the qualifications of the applicant without regard to age, sex, marital or military status, race, color, creed, religion, national origin, disability, or sexual orientation.

On March 4 a minor fire broke out requiring emergency attention at the Campus Center.

On that Monday, at 6:55 p.m., the fire began in a small plastic container on the loading dock on the east side of the Campus Center.

“When I heard about the campus center fire I couldn’t believe that something like that would happen right after it opened,” said junior Sarina Turbendian. Many employees and students were inside the building at the time and were evacuated quickly and efficiently after the incident was reported.

The fire was first discovered by Campus Police Officer Mike Sozio, who called headquarters which in turn alerted the East Farmingdale Fire Department (EFFD).

“S佐io was outside Horton Hall when he saw the flames coming from the plastic bin on the loading dock of the Campus Center,” said Assistant Chief Dan Daughtery. Since the fire was relatively minor, he attempted to put the fire out himself with a fire extinguisher. When that didn’t work, he aided in evacuating the building and waited for EFFD assistance.

The fire was put out with no injuries to anyone and very little external damage to the building. The smooth evacuation and quick response of emergency personnel shows that students and staff are well prepared with emergency protocol. “We will continue to stress the importance of fire drills and each individual’s prompt response to them, as well as providing an overall education of fire safety to the campus community,” said Daughtery.

According to the State Fire Marshall, the fire was ignited by accident, but the cause is still under investigation. “This could be caused by a cigarette butt, for example, but an exact cause was not able to be determined,” said Daughtery. He reminded students to be constantly aware of their surroundings and dispose of any cigarettes or hazardous materials in the proper receptacles.

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Campus Center Creates Vacant Space

By Michael Stevens

The doors opened on the brand new Campus Center February 1, 2013. The new center is responsible for the closing of the original Bookstore, the First Stop Café, Smith and Hughes Halls, and the sandwich and KFC facility, Teddy’s. There is a plan for the future of the new vacant spaces on campus.

“All of the facility planning over the next 15 years is based on a Facility Master Plan that was completed two years ago by the campus, the State University Construction Fund, and an architectural firm, Cooper Robertson of New York,” said Douglas Dargis, the FSC Campus Architect.

According to Dargis, the First Stop Café and former bookstore will be demolished to make a large outdoor plaza and provide space for a future theater addition to the Campus Center. The demolition of the buildings has not been announced to the campus. Although Dargis speak of the plans for the vacant spaces, some students have ideas of their own.

“I think they should be more student-centered,” said Kat Hoskins, a junior and FSC track sprinter. Hoskins said there should be more student entertainment, an updated game room, and the bookstore should be a study lounge with more copies of reserved books to be used.

Guyda Richard also sees great things for Farmingdale. “Farmingdale State College has the potential to do better. It has the potential to be a world renowned facility that students can go to and get different backgrounds in all fields,” said Richard.

Richard believes Knapp Hall should be a student study center considering Knapp Hall physically is the center of the campus. This maintains the “students first” concept. Apparently there has been no student input taken into consideration as to what should happen to the vacant spaces on campus. To stay true to Farmingdale’s students, it is important to get their input.

In the Master plan Roosevelt Hall, will be redesigned and undergo a major renovation. Teddy’s will be changed. Smith and Hughes Halls are scheduled to be demolished as well.

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Sigma Delta Tau Welcomes New Members

By Olivia Stephens

The first Tuesday this month was a special day for Sigma Delta Tau’s 38 founders. They had the privilege of extending bids to 18 new members to form the first Alpha pledge class on campus.

The proud new founders represented their letters proudly during recruitment and strove to find others who could embody that same pride and decorum that is a standard of Sigma Delta Tau.

On that sunny morning new members were showered with congratulations and welcomes from the sisters who all wore matching “It’s sweet to be a Sig Delt” shirts. The Alpha’s were given pledge pins and gold roses with matching shirts.

“Bid day was really exciting, welcoming, and interesting. We didn’t know what to expect and it was unlike anything I’ve ever experienced,” said Melissa Fetherston, a freshman new member.

The sisters surprised the new members with gifts and a party where all the sisters were present to welcome the new members. “It was a magical and amazing experience that opened the gate’s to a lifetime of wonderful experiences that Sigma Delta Tau has to offer,” said Courtney McCall, a transfer student and new member of the Alpha pledge class.

The requirements for new members include high academic standards, a desire to help the community, and positive personality traits that would identify with other sisters of Sigma Delta Tau nationwide. These traditions and standards have been a distinguishing trademark of Sig Deltas since the founding of SOT in 1917.

Today there are over 100 chartered chapters across the country with the motto, “One Hope of Many People.”

Recruitment for the spring semester is over as the new members begin their pledge pledge. If you are interested in joining SDT contact: Joy Grynko at 631-943-9488 or grynko@farmingdale.edu for information.

All founders and new members agree, “It’s sweet to be a Sig Delt!”

Hess Gas Station Gives Students a Break

By Eduardo Romero

The Gas Gift Cards are back now in Farmingdale State College. These gift cards came back and went on sale February, 2013. Before they were managed and provided by the Farmingdale Student Government (FSG) the students had to buy them back on campus. The great thing about these cards is that students only pay $20 dollars for them and get a $40 dollar gas gift card usable at any Hess gas station.

These cards are only available for current students, and there are two requirements to obtain them. The first requirement is proof of a active parking permit. To print the proof of parking permit, students must go to: https://farmingdale.t2hosted.com/cmn/auth.aspx.

The other requirement is an updated college ID. Students must pay $20 and show their school ID at ASC in Laflin Hall building before taking the receipt to the Student Government Office at Roosevelt 123. The proof of an active parking permit must be shown to the Student Government Office to finally obtain the $40 dollar gift card.

The SGA keeps records of the Ram ID’s of students who have received a card. “There have been some sneaky guys trying to get another card,” said Di Gregorio.

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Multicultural Gala Draws in a Big Crowd

By Sarina Turbendian

This year, the annual Multicultural Gala was a success, bringing together the diverse community at Farmingdale State College. Clubs and students from the school, as well as members of the Long Island community, came together to celebrate culture and diversity. The event was planned by the Multicultural Committee of Farmingdale State College.

The event began in the Little Theater with opening remarks from Dr. Anthony Giffone, master of ceremonies. Dr. Giffone spoke about how even though we are a world of seven continents and different countries; we are all from one world. “We are here today to celebrate multicultural diversity and the importance of it,” said Giffone.

The National Anthem was played by violinist Yaa Azmousheh, a young girl whose mother set up the Persian booth at the gala. Dr. W. Hubert Keen, the president of the college, spoke to the assembled crowd about the importance of accepting and understanding that they are cultural, or religious. He followed by violinist Yaas Azmoudeh, a young girl whose mother set up the Persian booth, and the Dominican Republic. They were followed by a group of young children from Saint Nicholas Greek Orthodox Church and School performing in a Greek line dance.

“Culture is, of course, embedded in language, music, and dance. Of course, it is embedded in food,” said Giffone, and that is where we are all headed next. The Multipurpose Room in Roosevelt Hall was set up with tables, decorations and various booths serving food from different cultures. Attendees could go to each booth, learn a little bit about a culture and eat some of the free food being served. Various cultures from the Long Island community were there, such as the Greek booth, the Persian booth, and the Indian booth. Clubs from the school were also represented. The Golden Key International Honor Society had a table set up with food from chapter President Emily Aguayza’s Ecuadorian culture.

“I did this event last year, and it was a lot of fun. This year, we had an even bigger turnout. It was amazing. There are so many different foods to choose from and they are all good,” said Aguayza.

“This is one of the greatest events that the campus runs. I love the food and camaraderie,” said Sandy Lory-Snyder, FSC’s Golden Key advisor.

This event isn’t just great for food and bringing together the community. Diversity is important for academic growth as well. On campuses with diversity and cultural understanding, academics improve.

“If you look at studies, GPAs go up,” said Dr. Anjana Mehane-Cruz, Project Director of the Multicultural Committee, and Coordinator of the Multicultural Gala.

“We always think about diversity in terms of ethnicity and religion, and we are also talking about people who are variously abled. We have people from different economic backgrounds and cultures as well,” said Mehane-Cruz.

Study Abroad Celebrates 36 Years to Italy

By Alison Hemmings

Each year many students crave excitement, cultural exposure, and a new environment. Those that do even think of studying abroad. Studying abroad is a great experience for one who would like to learn a new culture and venture out of one’s surroundings. For most, it is also an unforgettable one-time experience that they won’t forget.

However, there are many factors that go into studying abroad in a new country. The most confusing factors include price, financial aid, value, and the time away from home.

The study abroad program that is creating quite a buzz at Farmingdale State College is the four week trip to Rome. This yearly trip to Rome has been going on for 36 years so far in partnership with Stoney Brook University. Dr. Fava, a teacher in the modern language department, is very enthusiastic about these programs. Fava has been one of the advisors for the study abroad program for many years. Fava said “It’s less expensive than most programs and offers many trips and activities for the price.”

The trip to Italy includes a, four star hotel, international health insurance, trips to famous landmarks, and a daily three-course meal.

Dr. Fava thinks that the international insurance has been very useful. She describes an incident where a student was in the hospital. Fava said, “For a week and it didn’t cost her a dollar.” In addition to the great value, students also get attached and don’t want to leave. Fava said, “Students love it; they never complain, and they cry and build a bond with each other.”

An important concern for these programs is how much it will cost in an economy where everything seems to be going up cost is a major factor. Mary Mariam Staebler (a financial advisor), describes the many different options that students and parents have. Staebler said, “Financial aid doesn’t pay in entirety but it does help to defray expenses.” Therefore, these trips are not going to be free. However, there are many options for those who need the financial support. Some of these programs include PLUS loan, an alternative loan, and FAFSA. Staebler said, “International study, register and financial aid all work together.”

After figuring the cost and packages of the study abroad programs here at Farmingdale, one may ask if it really worth it? To get a student’s perspective, I interviewed Derrick Martera. Martera is a 20-year-old junior majoring in Security Systems at Farmingdale State College. In addition, he is also a former study abroad student, and an informative speaker for study abroad meetings at Farmingdale State College. Martera has traveled the whole of Italy. “You can visit Venice for a day, Pisa for a day, and Rome could be a weekend” said Martera. A major culture shock may be the authentic Italian food. Some of these foods included rabbit, squid, salad and special fishes. With all of these different types of food Martera said, “Food is the major expense of the trip.”

Besides food, there are many adjustments one must make when living in a new country. Martera gave a list of adjustments that one may consider. One major difference is air conditioning. “There may not be air conditioning in your room; you have to leave a window open, but you get used to it after five days. There isn’t any air conditioning in a lot of restaurants to” said Martera. Body language is also big in Italy. This romantic country is very passionate when in speech and communication. For instance, Martera said “you shouldn’t nod at someone on the street, because they will think that you want them.”

Overall, the Study Abroad program gives students a lot to think about in terms of cultural adjustments, expenses, and packages.
Keep Calm and Park On

By Jenna Rossi

Countless times in our lives we have been victims of the nerve-wracking experience of trying to find a parking spot. Perhaps you may have seen this at the mall during the holidays or at a highly populated doctor’s office. Another common place is in a school parking lot. Farmingdale State College students can relate to this. There is a total of 3,300 parking spots with 7,500 commuters, although not all students are at school at the same time.

Whether you’re running late to class because you left home later than usual or traffic is backed up on your route to school, parking seems to be a problem on campus. Even if you’re on time, parking is still an issue and many students must resort to parking far away from the building where they have class.

Michael Corrente, a senior, agrees there is a parking problem. “It’s terrible. Parking passes should be included in our tuition bill,” said Corrente. Parking passes are $35 and are available for purchase online. Another con to parking on campus is when the weather is bad, there are even fewer spots due to the snow piled up from plowing. “There should be a parking garage to protect our cars and parking spots from the weather,” said Corrente.

John Grillea, a senior at Farmingdale has been having trouble with parking for the four years he has attended the school. “As the school gains more students the parking gets worse and worse each year,” said Grillea. Often students become angered with the school because they are spending so much money on tuition and feel they should be granted a parking spot with no stress involved in the process.

“Trouble finding spots is difficult and often leads to parking all the way in the back of campus,” said an aggravated Grillea.

When parking seems impossible, students tend to park their cars in the staff spots. The problem with this is being penalized with a $35 ticket if caught by the campus police. “I was having difficulties finding a spot last week and parked in a staff spot. I got slammed with a $35 ticket,” said senior, Brian Iwaram. Even though students are aware of receiving a ticket for parking in non-student spots, it’s often the last resort. “When I’m looking around for a spot to park my car, I often find myself being late for class, so I resort to a staff spot,” said Iwaram.

Parking is a common issue for many people. Business sometimes becomes an even more frustrating task for students trying to get to class. Perhaps leaving home earlier is the best option for commuter students. However, even if you do leave earlier, there is still a high probability of difficult and stressful parking.

Farmingdale State College held a ribbon cutting ceremony and opened the $25 million new Campus Center. This 50,000-square foot building now hosts a new bookstore, new dining amenities for residents and commuters, a ballroom for lectures and special events, and a student lounge. The center was constructed by J. Kokolakis Contracting Inc. of Bohemia and designed by Kevin Hom.

One of the more convenient assets that the center now has is the ordering kiosks. This new device allows an individual to order their meal with a simple touch of a finger. “It makes for quicker ordering and shorter lines,” said Diana Nunez, 19, sophomore. Since not many students have much time between classes, they can now go to the center and have a meal in front of them.

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Ordering at Your Fingertips

By Deanna Godfrey

The kiosks make it suitable for individuals to place an order and receive it exactly as they asked due to this easy system. “I look forward to having lunch at the campus center now and not having to wait for any lines,” said Shannon Carlin, 20, junior. Many students choose to eat at the new campus center with this ordering system because they no longer have to deal with wrong orders. “Every time I eat there, I use the kiosk and my order has never been wrong. I love the fact that I choose exactly how I want my food!” said Deanna Rancanelli, 20, junior.

The campus center has many great attributes. Not only is it a place where students can socialize, eat, and do work, but also has new technology that brings it to a whole new level. The kiosks are a great way to order your food in a short period of time due to shorter lines, and the results are accurate. The new campus center brought Farmingdale State College to a more sophisticated and technologically advanced level.

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Campus Center Unites Students

By John Grillea

By Deanna Godfrey

The new Campus Center at Farmingdale State is bringing the students more than ever before.

Before the Campus Center was built the students had no place to hang out with peers or meet new friends with the exception of classes. Uppeclsman here at Farmingdale State have witnessed the campus evolve rapidly year after year, with students still being distant from one another until this semester.

At first sight, the Campus Center seems like just a place for a bite to eat, but with a more careful look one can see something more powerful. Students conversing, laughing, and becoming closer which was rarely seen on this campus in the past. Students often spent their free time socializing because we had no real place to hangout. Now you get a sense of unity on this campus among the students. Every time I’ve walked inside you see tables of students all talking and laughing amongst each other.

The college has even less of a commuter school feeling now that the students actually have some place to get acquainted. Senior Michael Corrente said, “The Campus Center literally broke down the barrier between the commuters and dormers.” Olivia Stephens, a junior at FSC, and a transfer student from Albany, is excited for what the Campus Center has brought to the college. “There’s definitely more of a sense of community for FSC students. Even though it’s known as a commuter school, you still feel the college experience.”

With the rise in students attending Farmingdale State on top of new fraternities and sororities, the Campus Center serves as the center spot for these students. The Campus Center brings a whole new feeling to this campus, and it is obvious that this is only the start of better things to come for Farmingdale State College.

Entering their third season, the Human vs. Zombies Club is planning to reach a broader audience on campus and is planning a new commercial to advertise the club.

The purpose of HvZ is to provide the students of Farmingdale with a fun activity that’s different at the college. At least once or twice during each semester the officers of the club put together missions. These missions have a story line with a team of humans and a team of zombies. They split up throughout the campus looking for backpacks that have prizes and that give advantages to either team that finds them.

Currently the club is working on a commercial to reach out to students in a new innovative way, bring general interest about the club, and to get publicity for their new game, which will be the third game that they have held. The board members of the club are leaving the story line of the commercial anonymous for obvious reasons.

“Stay safe, and stay human,” said Jackson, president of the HvZ club, which is something very hard to try and do when you’re a part of this club. Join the club and you’ll understand why during a mission no one wants to become a zombie. The goal is to stay human as long as you can, but what makes the game more interesting and great is when only a few members are still human in the end.”

“Shooting zombies is easy,” said Steve Santoriello, member of the HvZ club. “Being politically correct is a pain.”

“Tactics are key, staying alive is secondary,” said T.J. Fernandez, member of the HvZ club, which is usually how most people view the game, because as more people become zombies, the quicker your hope to surviving fades.

“For potential members in the future, when you’re in the middle of a mission, when in doubt, always get Frederick Furman,” said Fernandez.

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Violent Threat on Campus

By Victoria Pagan

The campus was on edge in December after a threat of gun violence was scribbled on a men’s bathroom wall. According to Newsday, the threat read, in part, “I’ma shoot up campus on December 18, 2012. Be prepared—gonna kill as many of you as possible...”

This came days after the heartbreaking event that took place on December 14, 2012, when 20-year-old Adam Lanza fatally shot 20 children, ages 4 to 8 and six adult staff members at Sandy Hook Elementary School in Newtown, Connecticut.

Many were worried if this was a callous prank or certified threat. The scary reality that such violence can happen in schools and on campuses has left many young people fearful, apprehensive, and confused.

In the aftermath of the murders in Sandy Hook Elementary, schools all over the country are once again reeling by beefing up security and response methods. SUNY’s schools boost approximately 480,000 students on 64 campuses all over New York State. As per the University Police Department webpage, Farmingdale has a staff of 23 full-time employees who are responsible for patrolling their 380-acre campus.

University Police officers are training and armed. As such, these Officers have the authority and full arrest powers of any other professional New York State law enforcement agent – clearly, these are no rent-a-cops. Should an emergency occur, there are 60 blue light emergency phones scattered around campus which connect an individual directly with the University Police. Despite the presence of law enforcement on our campus, junior Blanca Ramos was worried about this threat and considered not going to class on December 18. “If it wasn’t for finals week and the end of the semester, I definitely would have stayed home. You never know if someone is just making an empty threat of it they are really that sick to go and carry out their promise. I couldn’t help but think about the Columbine or Virginia Tech tragedies and what everyone on those campuses went through. We were lucky someone was just bluffing,” said Ramos.

Farmingdale alumni Alain Delgado expressed relief that he had graduated prior to any gun threats on campus. “It’s sad that students nowadays have to always have that worry in the back of their minds.”

According to retired NYPD detective and practicing attorney, Kevin B. Campbell, students are not permitted to carry guns on campus, even with a New York State issued carry permit.

“The licensing and conditions of lawful possession of firearms is governed by Section 400 of the Penal Law of New York State. They state that a person who is licensed to carry a concealed hand gun may not enter upon any educational institution without the express written permission of the official in charge of the educational institution.”

Farmingdale is a relatively safe campus, according to the Campus Safety and Security Data Analysis Cutting Tool (www.opc.ed.gov), which provides crime data for campuses and educational institutions all across the country. It reports that only four crimes from burglary took place on campus in 2009.

In 2010, that number was reduced to only two, and zero were reported for 2011. The report also states that no occurrences of murder, manslaughter, sex offenses, robbery, aggravated assault, motor vehicle theft, or arson were reported from 2009 through 2011.

When it comes to safety and crime prevention, if you observe someone or something that doesn’t look right – don’t hesitate to report it. Pick up one of the blue light phones and speak with a University Police Officer.

It is also suggested on the Farmingdale State College Crime Prevention Web site to take note of physical descriptions, including height, weight, skin complexion, facial hair, tattoos and piercing, as well as clothing descriptions, vehicle make/model/color and license plate numbers if possible.

Furthermore, students and staff are encouraged to register for the SUNY NY-Alert system, which will forward messages about campus related emergencies directly to your cell phone. Access your personal OASIS account to receive SUNY NY-Alert text messages.

Do something different and check out the Memorial Art Gallery in Hale Hall! Academy award winner Bill Plympton is a part of Farmingdale State College’s current visual communications exhibit. Plympton won two Academy Awards for short films, “Your Face,” in 1987 and “Guard Dog,” in 2005. On February 25, 2013, Bill Plympton gave an animation demonstration that included the showing of his film “Idiots and Angels.”

“Bill Plympton he would be recognized as the animator who started off as an illustrator for national magazines. It is important that the gallery should show a mix of popular culture having an international intent,” said George Fernandez, Chairperson of Visual Communications.

Instead of bringing in the typical fine art and computer artists, it is nice to see something different, and the students that have seen the gallery enjoy it. “Definitely a nice refresher from seeing the traditional contemporary art that’s in there,” said Michael Cuomo, a visual communication student. A variety of featured artists inspire students to explore their creative talents.

“Art exhibits are beneficial to students because it introduces a fun, creative way to attract attention to more of the style of comic cartoons and art,” said Elizabeth Hallford a sophomore.

Student Enrollment Breaks The Record

By Geena Pandolfi

Farmingdale State College’s enrollment reached over 18,000 for the Fall 2012 semester for an all time record since the school became a four year institution in the early 1980’s. Farmingdale’s enrollment has increased over 80 percent since 2000, giving it the largest increase of any SUNY school.

There are factors that contribute to Farmingdale State College’s increased enrollment: the reasonable price and its location in central Long Island. Having more students means that changes must be made.

The Business Management Program and Liberal Arts program are the two majors with the most enrolled students. “I’m in this major because I don’t know where I want to go with a career yet,” said Lisa Markinson, a Liberal Arts student.

It is hard for students to pick a direction they want to follow in life after college. So while students are figuring it out, they can still earn a two year degree. But if those majors don’t appeal, there are plans to add more programs with FSC’s plans to expand.

“We have plans to grow the enrollment at about 1.5 percent per year for the next 10 years, while holding selectivity standards higher than at present. We have plans to add a number of degree programs, the most important of which will require a formal change in the mission of the college to enable master’s degrees to be offered,” said President Hubert W. Keen.

“This change, which we anticipate requesting through extensive research now underway on the campus, will be proposed during Spring 2013. In addition, we will institute a number of new bachelor degree programs, the first of which is in Sustainable Energy Technology,” said President Keen.
Wednesday, March 13, proved to be a great day to be a Farmingdale Ram.

The women’s lacrosse team won with 16 points against Western Connecticut College that lost the game with 9 points.

The game started with an unassisted goal from number 20, Carly Schneider, but soon Western Connecticut tried the score one to one. At the break the Rams were winning by four points, leaving the score nine to five. "Watching the game really makes me miss playing lacrosse. In high school I always felt so much adrenaline when playing because the game is so high energy, and it feels awesome when you finally win," said TomieRae Martin, a sophomore from Oakdale.

In the second half of the game the Rams succeeded even more. Throughout the second half 7 more goals were scored. A major contributor in this was number 7, Nicole Marzocca, an attack who scored 5 goals against Western Connecticut.

"Whenever any team that represents your school wins it makes you so proud that you go to that school. The continuous wins from the women’s lacrosse team makes me excited for the team and excited that I go to a school that has good athletics," said Joanne Kang, a freshman.

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The goalie, Karli Portnoy, helped defeat Western Connecticut by making 10 saves. “When you watch the game you can really see how important every player is and how all the players contribute to the win,” said Kelli Kaletcher, a junior.

After this win against Western Connecticut, the Farmingdale Rams have won all three of their games so far.

A coach is essential to the success of any team. It just so happens the head coach for the Rams, Keith Osik, is a former major league baseball player. With his experience in the game he has managed to turn around the success rate of the baseball program at FSC.

Keith Osik made his MLB debut in 1996 with the Pirates. He finished his career with the Baltimore Orioles in 2004. As the coach of Farmingdale State College, he has won five straight Skyline Conference championships, five straight NCAA tournaments, one regional championship, and in 2009, made it to the Division III World Series.

Osik incorporates real major league baseball mentalities and rules for his team. “I take more away from having him as a coach because he’s been there,” said sophomore, Anthony Alvino, shortstop, and one of the captains.

Osik is known to be a fair coach. “There are no favorites. If you don’t play well, you’re not going to play. It doesn’t matter who you are. There are no politics involved,” said junior Chris Dragone, a pitcher.

The baseball players have learned valuable lessons. “He’s taught me that little things will define your season. Like giving up an at bat for the team and not being selfish,” said senior captain, Dave Zilnicki, who plays left field.

Having a coach like Keith Osik seems to do that. With Osik as your coach, “There is always an opportunity to win,” said Zilnicki. “You may not always agree with him, but he always calls a good game,” said Dragone. We are all looking forward to this season and believe that with Osik as coach, the Rams can lock down another conference championship.