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FARMINGDALE STATE COLLEGE ONLINE STUDENT NEWSPAPER • SEPTEMBER 2010



## First Outdoor Movie of the Semester, *Get Him to the Greek*

By Kelia Remsen

Farmingdale State College recently held one of its first social events of the semester, an outdoor movie night, hosted by the Campus Activities Board (CAB). The movie *Get Him to the Greek* centers around intern Aaron Green (Jonah Hill) as he tries to bring rock star Aldus Snow (Russell Brand) to L.A. for a career revival concert.

Over 30 students were seated in front of the massive movie screen watching Brand make Hill's life utterly miserable. Students laughed during many parts of this movie, including a scene in which Brand attempts to calm Hill down by having him stroke a furry wall, while Hill is tripping out on drugs.

There are many drug references made in this movie that won't be given away by this reviewer; however, student Nick Mitchell said, "It was the best acid trip of my life." Other students had different opinions. "It cracked me up at times, but overall it wasn't that good," said Yasmin Moreno.

"It's a good movie. This is my second time seeing it," said Marc Gittens. The movie will be distributed on dvd and blueray on September 29. The next movie night premieres on October 7 in Roosevelt Hall in the Little Theater at 8 p.m., will present is *Dinner for Schmucks*.

## THE LOCKHORNS



*Lockhorns Comic Strip Gallery Exhibit*

*Left to right: Student Terri Rizzi, Cartoonist Bunny Hoest and student Onochie Modebe*

*By Onochie Modebe*

"The Lockhorns" cartoonists Bunny Hoest, widow of the creator Bill Hoest, and artist John Reiner kicked off their gallery exhibit at the Memorial Gallery in Sinclair Hall on September 14. The Lockhorn's display will be shown until November 14.

The Lockhorns cartoon was originally named The Lockhorns of Levittown. The cartoon began in 1968 and the married couple, Leroy and Loretta Lockhorn, have been arguing ever since. They always have a sarcastic or funny comment for each another.

Bunny Hoest shared some stories, ideas, and advice with students. She said that putting together one picture and witty quotes was harder than it looked.

"Brevity is the key," said Hoest while explaining the process of her work. Observation of the ways people interact with one another is what makes work even better. "I work on more than one idea at a time and try to keep it as short, snappy, and succinct as I can," said Hoest.

She is a perfectionist. The 78-year-old lady looked no more than 50-something, in her red blouse, blue skirt, pearl necklace and flowing golden blonde hair. She had so much energy; she was spunky, feisty and vibrant. Anyone who met her could definitely see how a lady of her stature could still give 100 percent as she did from day one.

One cartoon reads, "His wife and car are missing. He says it's the best car he ever had and would appreciate it if we

could find it."

Her artist John Reiner helps bring the quotes to life. "We get ideas for 'The Lockhorns' from everyday observation, interesting people, funny situations, driving, or even dinner," said Reiner.

"I give him the quote with ideas on how the pictures should come out and he takes care of the rest," said Hoest as she explained the process. "I write the quotes on little cards and work on one idea at a time, sometimes it takes me years to finish just one piece."

She works on six dailies and five weekend cartoon ideas a day, meaning that she makes up about 11 ideas every day. "I'm a nervous wreck," she said jokingly about the strict deadlines that she takes in stride. "It's fun to make people laugh," said Hoest. "The work is finished way ahead of publication so the results are usually delayed gratification."

It was quite a shock to learn that a world renowned cartoonist published in over 23 countries, has never had a solo gallery exhibit for her cartoons in the 42 years that "The Lockhorns" have been in publication.

Unlike her fellow writers and other cartoonists, this former English teacher shows no signs of stopping anytime soon. She is the only female cartoonist, going up against male cartoonists such as Garry Trudeau of "Doonesbury," Scott Adams of "Dilbert," and Jim Davis of "Garfield," and she is giving them a run for their money.

# From the Runway to Campus

By Nicole Beyer

As fall comes, so does Fashion Week, bringing with it all the new trends that we will be seeing around campus. While the trends we see may not be as extreme as those on the runway, we can expect to see less severe versions not only in stores but on fellow students too.

This season we will be seeing a lot of plaids, stripes, florals, vintage t-shirts, jewel tones, plum makeup and nail polish, shorts with tights, and military jackets. Like most trends, these have been around before.

When in doubt, stick with the basics: jeans, a plain t-shirt, and sneakers or leggings with a long shirt and boots. "V-neck sweaters and skinny jeans are my fall staples," said Jami King, a sophomore. "I just can't wait to wear boots!"

"I love the fall," said Rachel Quinn, a sophomore. "Chunky sweaters and leggings are so comfortable but still fashionable." Remember to hang on to your old clothes because trends always come back, and they can always make for great layering pieces with more current trends.

## Save the Dates

**Job Fairs and Graduate Fair  
Fall 2010-Spring 2011  
Roosevelt Hall  
Multi-Purpose Room**

- Fall Job Fair, Thursday, October 14, 2010  
10:30 a.m.-1:30 p.m.
- Graduate Fair, Thursday, November 4, 2010  
10:30 a.m.-1:30 p.m.
- Technology Job Fair  
Thursday, March 24, 2011  
4 p.m.-7 p.m.

# Best Place To Learn M.M.A.

By Christina Schmidt

Tiger Schulmann's Kickboxing and Mixed Martial Arts has more than 40 locations, offers a medley of martial arts, and combines three different kinds of karate. The selection includes Muay Thai, kickboxing, and Brazilian Jujitsu. According to Tiger Schulmann's website, its program is designed to promote self-confidence through physical conditioning and mastering the art of self-defense. FSC does not offer martial arts as an activity or sport, but perhaps it should.

During a class at Tiger Schumann's in Smithtown, students worked out in synchronicity in a room equipped with several punching bags. Participants combated empty space, never making contact with any artillery. The room contained padded flooring designed to create a cushioned barrier between fragile bodies and hard floor.

The class performed the required exercises with precision and kept its focus on the teacher, who verbally instructed them. The vigorous regimen produced sweat that permeated the air; however, the students maintained their stamina.

Josh DeMartino is a high yellow belt at Tiger Schulmann's. He attends classes on average three times a week. "Tiger Schulmann's is designed to instill self-confidence into their students," said DeMartino.

According to Demartino, self-confidence is promoted and valued above all else at Tiger Schulmann's. The students obtain this quality by following a strict martial arts program that promotes self-defense and self-discipline. Physical health is also stressed. The students obtain these attributes by learning how to defend themselves without weaponry. "In real life how often are you walking around with a samurai sword or nun chucks?" asked DeMartino.

The addition of martial arts at FSC could prove to be a good thing. Brittany Mortimer is a student at FSC and believes the inclusion of martial arts would benefit her. "I think various

forms of martial arts would serve a broad purpose, I'd join it for the exercise," she said. Fortunately for her, martial arts is highly athletic.

Some FSC students had a more reluctant reaction to the insertion of martial arts at FSC. Alex Dacey, a sophomore at FSC, doesn't fall within the martial arts demographic. "I'm not very coordinated, but I'd go and watch the competitions," she said. Dacey admitted she would participate in the sport only as a bystander.

Martial arts deviates from the athletic norm, and, as a result, most universities do not offer it. However, while some may be disinclined to partake in the sport, martial arts has its niche.





## Rampage Staff

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## Hurricane Preparedness

By Mark Lanzer

As the summer comes to an end on Long Island and sweltering heat is replaced by cool, tranquil autumn air, hurricane season continues until November 30. With the recent near-miss from Hurricane Earl over the Labor Day weekend, Long Island is far from safe when it comes to tropical cyclones.

Long Island's location and its limited exits off the island make it very difficult to evacuate the public in the event a hurricane makes landfall. Long Island has had many close experiences with major storms before, such as Hurricane Gloria in 1985, which caused millions of dollars in damage along the South Shore. More recently, Floyd in 1998 and Hanna in 2008 have affected our area in some shape or form.

Liberal arts major Frank Felipe is concerned about a hurricane striking the region. "I live right on the Great South Bay. My basement floods from nor'easters every winter. If a Hurricane hits, my house is toast."

Farmingdale State College Professor and News 12 meteorologist Rich Hoffman stresses the importance of hurricane preparedness.

"The problem with Long Islanders and hurricane preparedness is that we forget what we can live without," said Hoffman. "It's our mental state that makes us truly unprepared for any catastrophic event. There would be no electricity, no way to access cash, and most people definitely don't have a battery-operated radio."

Farmingdale State College is a Red Cross shelter in case of a catastrophe such as a hurricane. The Red Cross advises residents to create a survival kit that includes batteries, a flashlight, non-perishable food, extra cash, and water.

# Uncertain Future for Center of Hope

By Marianne Kenny

For some 16,000 students in New York State, there might not be a tomorrow for the learning centers that have provided them with training and educational programs that, in many cases, have saved these students from an uncertain employment future. Now, if the Governor has his way, these learning centers will be faced with budget cuts or may even be eliminated from the budget completely, as soon as next year. But there are those who refuse sit idly by and let this happen.

The Long Island Educational Opportunity Center (LIEOC), a tuition-free institution, with 12 centers across New York State, is sponsored by the University Center for Academic and Workforce Development (UCAWD), a division of the SUNY system, and has been providing educational and vocational training to underserved adults across Long Island for 40 plus years. One such center is located on Farmingdale State campus in Hooper Hall with branches in Brentwood and Hempstead under the direction of Brian Maher.

Governor Paterson's budget cuts have already hit home at the LIEOC. According to Maher, with the new proposed budget, the LIEOC will face cuts of 7 to 12 percent – that's anywhere from \$300,000 to \$500,000 a year. Governor Paterson explains on his website, "The deficit reduction plan I have put forward today represents a series of difficult choices across virtually every area of State spending. The only way we are going to overcome this unprecedented crisis is through shared sacrifice."

There are those at the LIEOC who feel the Governor does not fully realize the importance of the program, or why the cuts will affect those who need it most. Lucille DeLetto, Computer Lab Coordinator, and adjunct professor, has been at the LIEOC for 35 years. "I'm disillusioned and discouraged because we are providing a vital service for communities," said DeLetto. "This program is so important because so many of our former students, many who were once on public assistance, are now successful, gainfully employed New

York taxpayers, or in higher education programs that will lead to greater career and financial stability."

Staci Gardner, College Connections Coordinator, has been at the LIEOC for nine years, and feels that the cuts will hit the LIEOC hard. "We're trying to work with an already greatly reduced budget," said Gardner. "The sad reality is, no matter who you are and where you work in the LIEOC, we are all hurt by these cuts in one way or another."

It is important to note that approximately 20 students per year transfer from the LIEOC to Farmingdale State College into various programs. This fact makes the LIEOC even more important, because the program offers the prerequisite courses necessary for entering the college; especially the LPN (Licensed Practical Nurse) and RN (Registered Nurse) programs.

Marie Joseph and Ishiemah Brooks are students who are currently taking these courses. "I'm so happy to be coming here and learning something," Joseph said. "The fact that it is free helps with things, but more so, the program and the professors provide me with the motivation to continue on in my education which is so important to me." Brooks also enjoys attending the LIEOC. "The professors work with you, and teach you in a way that you will understand," Brooks said. "They motivate you to study hard, so that you can do well, no matter what you choose to do in life."

Brian Maher, who has been at the LIEOC for 36 years, is trying to take a positive approach to the future of the LIEOC and the budget cuts, and sees them as a chance to restructure, and offer the students more of what they need for the world outside of the LIEOC.

"We will still offer the same courses, but now we are taking a new, realistic approach which focuses on placement outside of the LIEOC," Maher said. "For example, we will show them how to register for college classes, how to dress for a job interview, to provide them with the confidence they need to make it in the world of college or employment."

# Don't Ask Don't Tell Decision

By James Zaffuto

Don't Ask Don't Tell is the policy stopping openly gay, lesbian, and bisexual individuals from serving in the United States military. During President Barack Obama's State of the Union Address on January 27, 2010, he said he would work with Congress and the military to "...finally repeal the law that denies gay Americans the right to serve the country they love because of who they are."

Many members of the GLBT community feel that the policy is fundamentally unfair and that it is time for a change. Paul Sanders, founder and President of Pride Alliance – Long Island said, "There is no real reason to exclude any healthy member of our citizenship who wants to serve. GLBT citizens are no different in areas of patriotism, dedication, and desire."

Although Obama had promised to end the Don't Ask, Don't Tell policy, Sanders is not getting his hopes up. "While the President has failed to deliver in a timely manner on many of his campaign promises to the GLBT community, almost every politician never delivers on all their campaign promises, and usually does only in a calculated, timely manner," said Sanders.

President Obama is not the only politician fighting for the GLBT community, Sanders said, "Senator Kirsten Gillibrand from New York has been pushing for Don't Ask, Don't Tell to be repealed."

Some members of the United States military feel that this policy is necessary; however, this view is not shared by all. US Navy reserve member, Tom Shanley said, "I think that the policy is unfair. I don't think that someone should have to hide their sexuality."

Shanley has experience working with openly gay service members. "I have before and it didn't bother me then and wouldn't bother me now," said Shanley. "The military has certain standards and rules. As long as they are followed, then I could care less what the person next to me sexual preference is." Despite President Obama's promise, once again this legislation was stopped by a minority in the Senate and is now in review.

## FARMINGDALE RAMS SPORTS

### Golf Team is Putting It Up

By Terri Rizzi

On September 20, 2010, the Farmingdale Rams Men's Golf Team captured first place at the Farmingdale State Skyline Invitational. This game, played at Bethpage State Park – Red Course on September 24, was hosted by Farmingdale State College.

The Farmingdale team was led by sophomore Chris Arnold, and the team finished 20 strokes ahead of the second place team, St. Joseph's College.

The team placed second at the Golden Eagle Invitational at Spring Lake Golf Club on September 17, 2010. Again, Chris Arnold led the team and was assisted by freshman Adam Larkin, freshman Rich Kelly, and sophomore Mike Rine.

At the Skidmore Fall Invitational, the Farmingdale Golf Team again placed first place led by Adam Larkin. Chris Arnold finished in a tie for third place individually. Junior Joe Arnold finished in 15th place. Larkin and Chris Arnold were both named to the All-Tournament team.

Last year was the Farmingdale Golf Team's strongest year and the team had previously gone on to the National Championships three out of the last four years.

Because four of the five players graduated last year, Coach Thomas Azzara had a tough challenge to replace his best players. "Coach Azzara did a great job of recruitment this year for the freshman players, and we have a strong team," said Chris Arnold.

Chris Arnold transferred from Coastal Carolina to Farmingdale State College. He has been playing golf since he was in the ninth grade. He joined the golf team in high school when he was cut from the baseball team. "Golf

is my favorite thing to do," said Chris Arnold.

Chris Arnold said that he is playing well because he has learned to play a better game mentally. "Although you need skill to play golf, you need to learn to keep your head throughout the game," said Chris Arnold. His coach has taught him to reassess every shot and to think ahead before making the next one. He has become much more consistent than he was when he first began playing. With the encouragement of the golf coaches, Chris Arnold has learned to become more confident in his golfing abilities. "My coaches are great," said Chris Arnold.

Thomas Azzara, the head coach for the Farmingdale Men's Golf Team, has proudly said that Chris Arnold is his number one player and Adam Larkin is number one "A." "Any success of the team is the players you bring in," said Thomas Azzara.

Besides good recruitment, having the golf driving range right on the Farmingdale campus also helps the players to play better because it is right there. The driving range has been at Farmingdale



Junior - Chris Arnold

since 1989.

So far this fall, the golf team has done very well and the team goal is to get to the NCAA Championships in May 2011. So far, five of the six players are freshmen and are vying for the last two spots in the tournament. "We have a new team, but we are strong again," said Azzara.

# FARMINGDALE RAMS SPORTS

## CALENDAR

### October

MEN'S

WOMEN'S

Golf at Polytechnical Fall Invitational .....	1	
Soccer at Mount Saint Mary 12:00 PM .....	2	Tennis vs. St. Joseph's 1:00 PM
Soccer vs. Yeshiva 4:00 PM.....	5	Soccer at Yeshiva 8:00 PM
Golf at Purchase Invitational.....	6	
	7	Tennis at NYU Poly (@ USTA Tennis Center) 3:00 PM
Golf at Hamilton College Fall Invitational (Round 1 TBA) .....	9	Volleyball vs. Mount Saint Mary 12:00 PM
Golf at Hamilton College Fall Invitational - (Round 2 TBA).....	10	
	12	Volleyball at Maritime 7:00 PM
Soccer vs. St. Joseph's 4:00 PM.....	13	Soccer at St. Joseph's (Site TBA) 7:00 PM
Soccer at Sage (@ Albany Academy) 1:00 PM.....	16	Volleyball at TBA (St. Joe's Invitational) 11:00 AM
Golf at Skyline Conference Championship Round 1.....	17	
Golf at Skyline Conference Championship Round 2.....	18	Soccer vs. Richard Stockton 3:00 PM
	19	Soccer at Skyline (First Round TBA)
Golf at Cyclone Invitational (location TBA).....	20	
Soccer at Old Westbury 4:00 PM.....	21	Tennis at Skyline Semifinals
Soccer vs. Mount Saint Vincent (Senior Day) 12:00 PM.....	23	Soccer at Mount Saint Vincent (time TBA)
	27	
		Volleyball at St. Joseph's 7:00 PM
Soccer at Skyline Conference Quarterfinals (location TBA)....	30	
		Volleyball at TBA (Hunter Invitational)
	31	

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For more information and updates, visit [www.farmingdalesports.com](http://www.farmingdalesports.com)